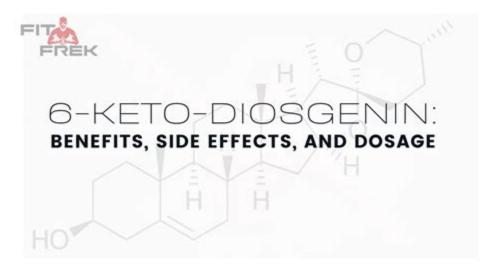


This bioactive phytochemical not only is used as an important starting material for the preparation of several steroidal drugs in the pharmaceutical industry, but has revealed also high potential and interest in the treatment of various types of disorders such as cancer, hypercholesterolemia, inflammation, and several types of infections.



*5?5?5?* BUY STEROIDS ONLINE *5?5?5?* 

### What Is 6 Keto Diosgenin? - Medium



#1 I see Nutrex is dropping a new Anabol product anyone have any thoughts or experience with 6keto

alvin1 Well-known member Awards 4 May 3, 2020 #2 same stuff as the previous version, the just drop two ingredient. It is great to speed up recovery Cheeky Kunt New member Awards 1 May 4, 2020 #3 alvin1 said:

#### **ABOL** — Nutrex Research



Diosgenin decreased the level of 5-KETE and 6-Keto-prostaglandin F1a, while increasing the level of 8,9-DiHETrE. Hexanoylglycine and L-acetylcarnitine are two lipids involved in fatty acid oxidation. The current study discovered a higher level of these two biomarkers in NAFLD rats, and diosgenin inhibited the increase.

#### Anabol / 6keto - AnabolicMinds

SUPPLEMENT Serving Size: 1 Liquid Capsule	FAC T Servings Per Contain	
	Amount per serving	%DV
ANABOL™ HARDCORE ANABOLIC ACTIVATOR	150.2mg	*
Dicyclopentanone		*
6-Keto-Diosgenin Acetate		*
6-Keto-Diosgenin Propionate		*
6-Keto-Diosgenin Cypionate		*
6-Keto-Diosgenin Decanoate		*
Hecogenin Acetate		*
* Daily Value (DV) not established.		

 $<sup>\</sup>cdot$  6-Keto Diosgenin is a precursor to several hormones, including progesterone and testosterone, needed for various physical activities like reproductive health and muscular growth.  $\cdot$  Some studies.

6 Keto Diosgenin: Research, Benefits, and Side Effects | FitFrek

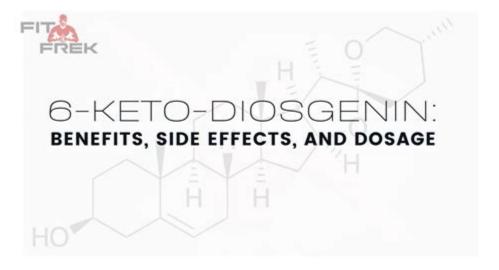


Key findings. The literature search resulted in many in vitro, in vivo and clinical trials that reported the efficacy of diosgenin and its analogs in modulating important molecular targets and signaling pathways such as PI3K/AKT/mTOR, JAK/STAT, NF-κB, MAPK, etc., which play a crucial role in the development of most of the diseases. Reports have also revealed the safety of the compound and the .

### Diosgenin: A Plant Steroid for Improved Hormonal Balance

Seventh, 6 keto diosgenin is also a good source of luteolin, which is an antioxidant that can help to protect the body from free radical damage. It is also believed to have anti-inflammatory effects, both of which can be beneficial to bodybuilders. Eighth, it may be beneficial to stack 6 keto diosgenin with other supplements as part of an all .

The Top 10 Things to Consider When Using 6 Keto Diosgenin for Bodybuil .



[Article in Russian] V N Syrov, A G Kurmukov PMID: 1028596 It is shown that 6-ketoderivatives of natural sapogenins, viz. agigenin, diosgenin and alliogenin, display the anabolic activity and do not manifest any androgenic properties.

# Diosgenin - Wikipedia

Keto-Steroids, I Conversion of Diosgenin to 6  $\beta$ -Methylpregn-4-ene-6  $\alpha$ ,20-diol-3,16-dione. Therefore, product 7 was oxidatively degraded by H2O2/HCOOH to the 10-keto pregnane derivative (13 .

#### Diosgenin: Recent Highlights on Pharmacology and Analytical Methodology

Hards wi Publishing Corporation Journal of Analytical Methods in Chemistry Volume 2016, Article ID 4156293, 18 pages http://dx.doi.org/10.1186/2016/4156293



#### Review Article

#### Diosgenin: Recent Highlights on Pharmacology and Analytical Methodology

#### Mafalda Jesus, Ana P. J. Martins, Eugenia Gallardo, 1,2 and Samuel Silvestre 1,2,3

CRCS-UBI, Health Sciences Research Centre, Universidade da Beira Interior, Covilhà, Portugal Laboratorio de Fármaco-Toxicologia, UBIMedical, Universidade da Beira Interior, Covilhà, Portugal Cester for Nauroscience and Cell Biology (CNC), University of Coimbra, Coimbra, Portugal

Correspondence should be addressed to Eugenia Gallardo; egallardo@fcvaude.ubi.pt and Samuel Silvestre; ums@ubi.pt

Received 8 September 2016; Revised 8 November 2016; Accepted 17 November 2016

Academic Editor: Angela Chambery

Copyright © 2016 Mafalda Jesus et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Diosgmin, a vieroidal supogenin, occurs abundantly in plants such as Dioscorea alata, Smiler China, and Trigonella forman gracount. This binactive phytochemical not only is used as an important starting material for the preparation of several steroidal drugs in the pharmacoutical industry, but has revealed also high potential and interest in the treatment of various types of disorders such as concer, hypercholesterolemia, inflatamation, and several types of infections. Due to its Patamacological and industrial importance, several extraction and analytical procedures have been developed and applied over the years to isolate, detect, and quantify diosgenin, not only in its natural sources and plus maconitical compositions, but also in animal matrices for pharmacological studies. Within these, HPLC technique coupled to different detectors in the most commonly analytical procedure described for this compound. However, other alternative methods were also published. Thus, the present review aims to provide collective information on the most recent pharmacological data on diosgenin and on the most relevant analytical techniques used to isolate, detect, and quantify this compound as well.

#### 1. Introduction

The use of natural products, including steroidal compounds, has been growing not only as therapeutically active agents but also as lead compounds in drug discovery approaches [1, 2]. As a relevant example, it was discovered several years ago that a number of steroidal suponins and supogenins share interesting anticancer properties and a relatively safe usage profile [3–5]. Amongst these compounds, diosgenin, a well-known steroidal supogenin which originated by the hydrolysis of the suponin dioscin (Figure I), which can be obtained from several plants, namely, from Dioscoras, Trigonalla, Costus [3–7], and Smfax species [8], is classically used in traditional medicine against a variety of medical conditions. This steroid is of high industrial importance and has been subject of interest to many researchers worldwise over the years. In fact, most of the the rapeutically useful steroidal drugs, including sex hormones and corticosteroids, are produced in a semisynthetic fashion from natural precursors and predominantly from diosgenin [9, 10]. However, in

addition to this high synthetic relevance, diosgenin lited has several important biological activities also with great interest for the pharmaceutical industry [5, 7, II]. In fact, diosgenin has been described in the literature for its pharmacological potential, including the interesting underlying mechanisms of action, thereby confirming and extending the knowledge from its usage in traditional medicine. In this context, mainly over the past two decades, a series of praclinical and mechanists studies have been performed to understand the real importance and benefits of diosgenin against a variety of pathologies including metabolic diseases (diabetes, obesity, and dydpidemia, including bypercholesterolemia), inflammatory diseases, and cancer [5,7, 12]. Altogether, the results from several studies have been implicating the potential use of diosgenin as a novel multit arget base de the mope wentive or therape utic agent against several chronic all ments.

For these reasons, it is of high interest to develop efficient strategies to concentrate dioagenin from its natural sources as well as drug dosage forms to allow its administration [1, 13], either isolated or in plant extract. In addition, several

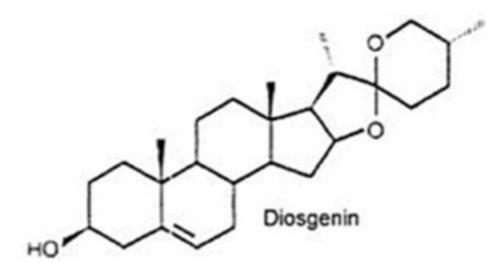
Physicochemical Properties of Diosgenin. Diosgenin ( $3\beta$ -Hydroxy-5-spirostene) (Figure 2) is a C27 spironosteroidal saponin of the spirosterol steroid family that participates in various physiological and biochemical activities. Diosgenin is structurally similar to cholesterol and other steroids, with molecular formula C 27 H 42 O 3, density 1. 1  $\pm$  . 1g/cm 3, and relative molecular mass 414. 63.

#### This Anabolic Activator is Basically Legal Steroids for Muscle Growth.



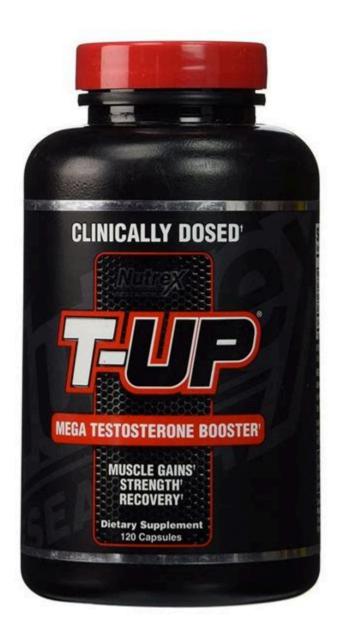
The reaction of diosgenin (1) with hydrogen peroxide/formic acid was investigated. As a result of this work, 5  $\alpha$  (25 R)-spirostane-3  $\beta$ ,5,6  $\beta$ -triol (2) was prepared in 79% yield and 5  $\alpha$ -pregnane-3  $\beta$ ,5,6  $\beta$ ,16  $\beta$ ,20  $\alpha$ -pentol (3) in 80% yield. The pentol (3) was oxidised to 5  $\alpha$ -pregnane-3  $\beta$ ,5,10  $\beta$ ,20  $\alpha$ -tetrol-6-one (5) without forming its 16  $\beta$ ,20  $\alpha$ -isopropylidenedioxy derivative (4.

### Pro-Apoptotic and Anti-Cancer Properties of Diosgenin: A Comprehensive.



6-Keto-Diosgenin Cypionate \* 6-Keto-Diosgenin Decanoate \* Hecogenin Acetate \* \* Daily Value (DV) not established. OTHER INGREDIENTS: Glycerin, Vegetable Cellulose, Purified Water, Silica, Titanium Dioxide. How To Use. RECOMMENDED USE: Take 1 liquid capsule in the morning and 1 liquid capsule in the evening. For best results use daily and in cycles.

#### Do Natural Testosterone Boosters Work? - Nutrex Research



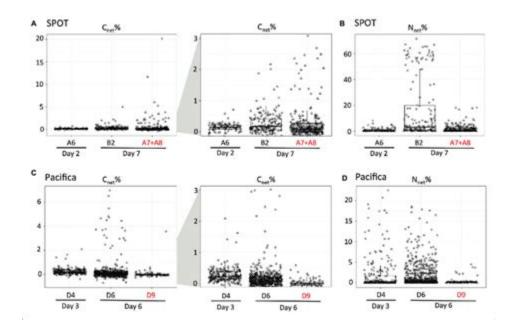
Both Diosgenin and 6-Keto Diosgenin are plant steroids. Essentially, Diosgenin is derived from Dioscorea species while 6-Keto Diosgenin is primarily isolated from Smilax sieboldii and some Dioscorea species. Also, 6-Keto Diosgenin may be synthesized from Diosgenin. Diosgenin and DHEA

### This Anabolic Activator Is Basically A Legal Steroid For Muscle Growth



December 26, 2023. Find the best whiskey, tequila, and more with the MEN'S JOURNAL Spirits Awards. NEWSLETTERS. Get yourself the fit and hard body you've always wanted with the help of this

## [Experimental study of the anabolic activity of 6. - PubMed



That's because the ingredients it uses (Dicyclopentanone, 6-Keto-Diosgenin Acetate, 6-Keto-Diosgenin Propionate, and plenty of others) will get the body to trigger the protein synthesis process.

## Keto-Steroids, I Conversion of Diosgenin to 6 $\beta$ -Methylpregn-4-ene-6 $\alpha$ .

Whats 6-Keto Diosgenin? Some have been saying it's like a steriod? Others object. All I know is it's part of EBol Super 6 Anabolic Cocktail and apparently it's in Omnibolic (the new Ecdy product)? Anyone with some info will be repped beyond their wildest dreams Last edited by kstevo; 06-25-2008 at 06:37 AM . bbaus. pbwiki/

#### The Effects of Diosgenin on Hypolipidemia and Its Underlying Mechanism.



Fengcui Sun<sup>1</sup>
Xiufen Yang<sup>1</sup>
Chaoqun Ma<sup>1</sup>
Shizhao Zhang<sup>1</sup>
Lu Yu<sup>2</sup>
Haifei Lu<sup>3</sup>
Guoliang Yin<sup>1</sup>
Pengpeng Liang<sup>1</sup>
Yanan Feng<sup>1</sup>
Fengxia Zhang of

Perigina Zhang, "Sandong University of Tradisional Chinese Medicine, Jiman, 150000, Reople's Republic of Chine, "Tranjin University of Tradisional Chinese Medicine, Tranjin, 301417, People's Republic of China: "Plabel University of Tradisional Chinese Medicine, Wishan, 430045, People's Republic of China. "Department of Neurology, Affiliated Hospital of Shandong University of Tradisional Chinese Medicine, Jiman, 250011, People's Republic of China

Abstract: Hyperlipidemia is a disorder of lipid metabolism, which is a major cause of coronary heart disease. Although there has been considerable progress in hyperlipidemia treatment, morbidity and risk associated with the condition continue to rise. The first-line treatment for hyperlipidemia, statins, has multiple side effects; therefore, development of safe and effective drugs from natural products to prevent and treat hyperlipidemia is necessary. Diosgenin is primarily derived from fenugreek (Trigonella foenum graecum) seeds, and is also abundant in medicinal herbs such as Dioscorea rhizome, Dioscorea septemloba, and Rhizoma polygonati, is a well-known steroidal sapogenin and the active ingredient in many drugs to treat cardiovascular conditions. There is abundant evidence that diosgenin has potential for application in correcting lipid metabolism disorders. In this review, we evaluated the latest evidence related to diosgenin and hyperlipidemia from clinical and animal studies. Additionally, we elaborate the pharmacological mechanis underlying the activity of diosgenin in treating hyperlipidemia in detail, including its role in inhibition of intestinal absorption of lipids, regulation of cholesterol transport, promotion of cholesterol conversion into bile acid and its excretion, inhibition of endogenous lipid biosynthesis, antioxidation and lipoprotein lipase activity, and regulation of transcription factors related to lipid metabolism. This review provides a deep exploration of the pharma cological mechanisms involved in diosgenin-hyperlipidemia interactions and suggests potential routes for the development of novel drug therapies for hyperlipidemia.

Keywords: diosgenin, hyperlipidemia, serum cholesterol, lipoprotein cholesterol, mechanism

#### Introduction

Hyperlipidemia is a pathological disorder of lipid metabolism that has various causes. The clinical manifestations of hyperlipidemia include increased serum cholesterol, triglycerides, and low-density lipoprotein cholesterol (LDL-C), and decreased serum high-density lipoprotein cholesterol (HDL-C). Imbalance of LDL-C and HDL-C can increase the risk of cardiovascular (CV) events, including myocardial infarction and stroke. <sup>1</sup> Data released by the American Heart Association in 2018 showed that CV disease (CVD) is the most lethal disease worldwide. <sup>2</sup> According to the 2010 global burden of disease study, 15.6 million people died of CVD, accounting for 29.6% of all deaths. <sup>3</sup> Hyperlipidemia has a long disease course, and many underlying causes, reflecting its complex etiology. <sup>4</sup> Dyslipidemia is a significant risk factor for coronary artery disease and stroke bence, prevention and appropriate management of dyslipidemia can markedly lower the related morbidity and mortality. <sup>5</sup> Holven et al described the importance of early

Correspondence: Fengeis Zhang Department of Neurology, Affiliated Hospital of Shandong University of Traditional Chinete Medicine, Jiran, 250011, People's Republic of China Tal +0653148616011 Fenal Schlang0927(2)163.com

Received: 22 June 2021 Accepted: 1 September 2021 Published: 15 September 2021 Dubeces, Metabolic Syndrome and Obesity: Targets and Therapy 2021:14 4015–4020

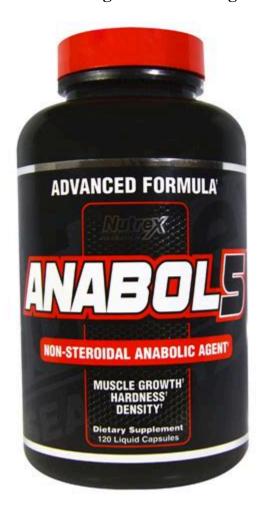
© 301 to a 6 to est a patiest at items it has being Per inside the Mine of the time or public a ting life region solvening to the most and the second to the sec

3. In Vitro Anti-Cancer Effects of Diosgenin. Diosgenin, the major steroidal sapogenin in the fenugreek seed, has been shown to potently suppress constitutively-activated pro-inflammatory and pro-survival signaling pathways in a variety of cancer cells, and induced apoptosis []. Some of the earlier studies by Shishodia and Aggarwal [] reported that diosgenin abrogated TNF- $\alpha$ -induced NF- $\kappa$ B .

# Diosgenin, a steroidal saponin, and its analogs: Effective therapies .

Diosgenin is a steroidal sapogenin that can be found in the Rhamnaceae, Liliaceae, Scrophulariaceae, Dioscoreaceae, Amaryllidaceae, Solanaceae, Leguminosae, and Agavaceae families [ 20 - 23 ].

Anabol-5 Review: "The World's Strongest Anabolic Agent?"



6-Keto-Diosgenin is a type of saponin, a class of compounds known for their soap-like properties. Saponins are found in various plants and have been studied for their potential health benefits. In addition to 6-Keto-Diosgenin, other notable saponins include Progenin III, Pseudoprotodioscin, Methyl Protodioscin, Protodioscin, and Iridoid Glycosides.

#### Diosgenin: An Updated Pharmacological Review and Therapeutic.

Handa vij Oxida tipe Medacine and Cellula r Longevijiy Volume 2022, Article ID 1035441, 17 pages https://doi.org/1031155/2022/2035441



#### Review Article

#### Diosgenin: An Updated Pharmacological Review and Therapeutic Perspectives

Prabhakar Semwal , Sakshi Painuli, Tareq Abu-Izneid, Abdur Rauf , Anshu Sharma, Sevgi Durna Dastan, Manoj Kumar , Mohammed M. Alshehri , Yasaman Taheri , Rajib Das , Salkat Mitra, Talha Bin Emran , Ilaya Sharifi-Rad , 13 Daniela Calina 0,14 and William C. Cho 015

Department of Biotechnology, Graphic Era University, Dehradan, 248002 Uttarakhand, India

<sup>2</sup>Pharmacratical Sciences Department, College of Pharmacy, Al Ain University, Al Ain 64141, UAE Department of Chemistry, University of Swabi, Swabi, Anbur-23561, K.P.K., Pakistan

<sup>6</sup>Department of Food Science and Technology, Dr. Y.S. Parmar University of Horiculture and Forestry, Nauni, 173230, India <sup>7</sup>Department of Biology, Faculty of Science, Sinus Cumburiyet University, 58140 Sinus, Turkey

Department of secondary, Industry of Academics Association, Associatio

\*Pharmacrutical Care Department, Ministry of National Guard-Health Affairs, Riyadh, Sasuli Arabia \*Phytochemistry Research Center, Shahid Beheshti University of Medical Sciences, Tehran, Iran

<sup>30</sup> Department of Pharmacy, Faculty of Fharmacy, University of Dhaka, Dhaka 1000, Bangladesh <sup>31</sup> Department of Pharmacy, BGC Trust University Bangladesh, Chittagong 4381, Bangladosh

Department of Pharmacy, Faculty of Alliad Health Sciences, Duffold: International University, Dhaka 1207, Bangladesh
 Facultad de Malicina, Universidad del Azuay, Cuenca, Ecuador
 Department of Clinical Pharmacy, University of Medicine and Pharmacy of Craiona, 200349 Craiona, Romania

25 Department of Clinical Oncology, Queen Elizabeth Hospital, Kowloon, Hong Kong

Correspondence should be addressed to Prabhakar Semwal, semwal, prabhakar@gmail.com, Abdur Rauf; mashaljos@yahon.com, Javad Sharifi-Rad; javad.sharifirad@gmail.com, Daniela Calina; calinadanida@gmail.com, and William C. Cho; choc@ha.org.bk

Recrived 20 July 2021; Accepted 9 May 2022; Published 29 May 2022

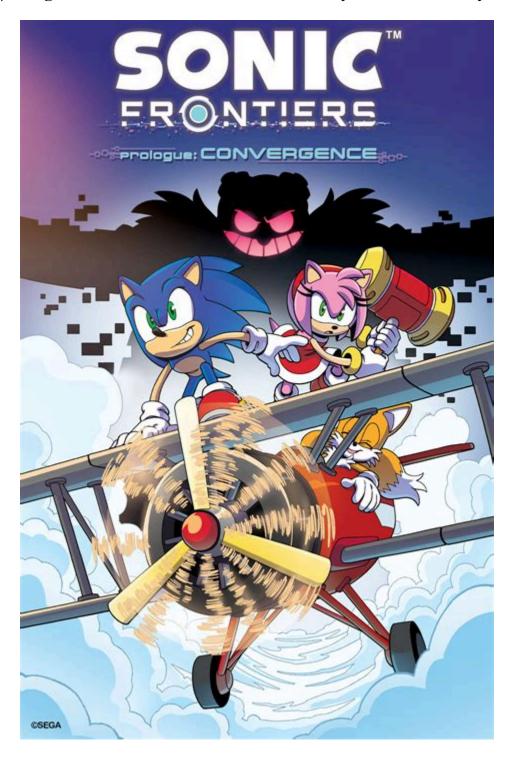
Academic Editor: Alin Ciobica

Copyright © 2022 Prabhakar Semwal et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Plants including Phiroma polyosati, Smilex china, and Trigorella forum-gracoum contain a lot of diosgenin, a steroidal sapogenin. This bioactive phytochemical has shown high potential and interest in the treatment of various disorders such as cancer, diabetes, arthritis, asthrina, and casdiovascular disease, in addition to being an important sturting material for the preparation of several steroidal drugs in the pharmaceutical industry. This review aims to provide an overview of the in vitro, in vivo, and clinical studies reporting the diosgenin's pharmacological effects and to discuss the safety issues. Preclinical studies have shown promising effects on cancer, neuroprotection, atherosclerosis, asthron, bone health, and other pathologies. Clinical investigations have demonstrated disagenin's nontoxic nature and promising benefits on cognitive function and menopusus. However, further well-designed dinical trials are needed to address the other effects seen in predinical studies, as well as a better knowledge of the disagenin's safety profile.

6-Keto-Diosgenin is a plant steroid that has been studied for its potential to increase testosterone levels. Research has shown that 6-Keto-Diosgenin can help increase muscle mass and strength. It works by increasing the production of luteinizing hormone (LH), which in turn stimulates the testes to produce more testosterone. .

## Frontiers | Diosgenin Ameliorates Non-alcoholic Fatty Liver Disease by .



It is the 6-keto derivative of diosgenin (6-keto-diosgenin). This amazing plant ingredient has been shown to significantly enhance protein synthesis void of any androgenic pathway activity, which makes it exceptionally desirable to bodybuilders and strength athletes. In fact, athletes from Russia and other Eastern Bloc countries have been .

# Keto-Steroids, I Conversion of Diosgenin to 6 $\beta$ -Methylpregn-4-ene-6 $\alpha$ .

Diosgenin, a phytosteroid sapogenin, is the product of hydrolysis by acids, strong bases, or enzymes of saponins, extracted from the tubers of Dioscorea wild yam species, such as the Kokoro.

#### Myo-Stack by Blackstone Labs - Strong Supplement Shop



The primary ingredient is 6-keto diosgenin. Diosgenin was briefly covered in the review of 17-HD. To recap, diosgenin is the aglycone form of a steroidal saponin ((25R)-Spirost-5-en-3beta-ol). In English, "saponins" are compounds from plants that have foaming (i. e., soap-like) characteristics.

- <a href="https://publiclab.org/notes/print/46985">https://publiclab.org/notes/print/46985</a>
- https://groups.google.com/g/noyuqzij/c/pb9mws0zfvw
- https://publiclab.org/notes/print/45714