

Exemestane, also known as Aromasin, is an Aromatase Inhibitor (AI) and is a class of drug commonly used for the treatment of breast cancer in women and gynecomastia in men. They have also been adopted by bodybuilders, who use these drugs off-label for the purpose of preventing excess estrogen levels during anabolic steroid cycles.



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### **Aromasin Use: Aromasin PCT, Aromasin Side Effects . - Bodybuilding Life**



In the bodybuilding and athletic circles, they're often called anti-estrogens. . When looking at Aromasin

vs. Arimidex on-cycle, there are a few factors to keep in mind. Of these, one of the most important for bodybuilders and athletes is availability. . Aromasin can cause side effects that mimic those experienced by menopausal women .

## What is Aromasin? | PCT | On Cycle Support |TMuscle



I've considered going down to 450 a week since this is essentially an experimental cycle. yea, i recommend using AI for any dose of testosterone above 250mg/wk. at 500mg/wk, 12.5 twice a week seems fine. There's a lot of factors that go into proper dosing. Everyone is different in how much they aromatize.

## Aromasin Profile - MESO-Rx



I plan on running my first cycle soon and want to know about my aromasin dosage. i plan on running the following. 1-4 DBol 40mg/day. 1-12 Test E 500mg/week (Mon/Thurs pin 250mg) 1-4 aromasin 12. 5mg ED or 25 EOD will have to see how my body responds. Will start pct 2 weeks after last Test injection. clomid 50/50/25/25.

### **Aromasin vs. Arimidex - Which to Use On-Cycle? - Fitnessology**



The recommended dosage of Exemestane is 25 mg per day. It can be taken with or without food and should be taken at the same time each day. Exemestane can be cycled for 8-12 weeks. The best way to cycle Exemestane is to start with a lower dosage and increase it gradually over time.

## Aromasin PCT (Exemestane PCT Guide) - Steroid Cycles



Aromasin (Exemestane) Exemestane is a steroidal Aromatase Inhibitor (AI) that is most commonly known as Aromasin. In fact, the Aromasin brand name is the only pharmaceutical grade brand of the Exemestane AI due to the tight patent Upjohn has maintained on the product. While tightly controlled by the pharmaceutical giant, Aromasin is available .

### Aromasin - Secrets of Bodybuilding



Figure 1. [Click here to check out Aromagin](#) This blog will teach you everything you need to know about the differences between aromasin and arimidex in dosage, on cycle, PCT and their side effects, as well as the bodybuilding community's assessment of their potential benefits. What exactly is Aromasin?



## Exemestane Review: Cycling, Dosage, and PCT Instructions for Bodybuilding



Written by Reda Elmardi Updated On September 10, 2022 Affiliate Disclosure What's up guys and gals. Today we're going to talk about something a little different. Rather than discussing ways in which you can get big and jacked, today we're looking at Aromasin PCT and at what you can do to stay fit and healthy after using anabolic steroids.

### Aromasin dosing question : r/PEDs - Reddit



Aromasin dosages of 12.5mg every other day is enough for Estrogen control, which is commonly

utilized among the anabolic steroid using community. Once again, adjustments are a normal part of aromatase inhibitor use.

### **Aromasin vs Arimidex - Which Is Best To Use On-Cycle?**



Some steroids are also used in PCT or post-cycle therapy for recovery purposes. Their potential and effectiveness mainly depend on the unique bodybuilding needs of the users. When talking about the best anabolic drugs to add in the first steroid cycle and post-cycle therapy, Winstrol and Aromasin are the most popular names.

### **Aromasin Bodybuilding: Learning the Exemestane Bodybuilding Benefits .**



Dosing of Aromasin in anabolic steroid cycles is most commonly 12.5 mg every other day, 12.5 mg daily, or at most 25 mg daily. Excessive dosing will be recognized by estradiol level falling below 20 pg/

mL, or by depression, reduction of libido, muscle flatness, and/or joint pain.

### **Aromasin vs Arimidex: Bodybuilding, Dosage, On cycle, PCT, For sale**



The recommended dosage of Aromasin is 25 mg once per day, taken after a meal. This dosage is commonly recommended. But be sure to take the dosage your doctor prescribes for you. They'll.

# HOW TO TRAIN

@CoreBodyFitness

TO BE  
**STRONG**



Trains 1-5 Reps  
Compound Lifts  
Full Body  
Little to No Conditioning  
Sleeps 7-9 hours  
High Carbs and Protein

TO BE  
**BIG**



Trains 6-12 Reps  
Compound Lifts  
Full Body or PPL Split  
Little Conditioning  
Sleeps 7-9 hours  
High Carbs and Protein

TO BE  
**LEAN & FIT**



Trains 1-20+ Reps  
Compound Lifts  
Full Body or PPL Split  
Metabolic Conditioning  
Sleeps 7-9 hours  
High Carbs and Protein

**\* Can Get Strong, Big, Lean and Fit training in all rep ranges \***

#1 This is my first ever test cycle and steroid cycle in general. I've been on 400mgs a week of cyp for 1 week so far and it was recommended I use aromasin but my question is if it should be from day 1 or should I wait until I really need it. I was thinking I should start with 12.5mgs and then go from there, thoughts? GHgut4life V. I. P. Gold



## Aromasin Vs Arimidex - Which Is The Better PCT?



On paper, Aromasin does appear to be the better choice for bodybuilders as it can reduce Estrogen production by as much as 85% as opposed to the 80% provided by Arimidex, plus it also helps to slightly increase the production of IGF-1 which is a very beneficial hormone for bodybuilding purposes.

### **EXEMESTANE (AROMASIN): GUIDE FOR BODYBUILDING 2023 - Enhanced Lifting**



Aromasin is the trade name for Exemestane, a drug used to treat breast cancer in women. Similarly to arimidex, it is member of the aromatase inhibitor class of drugs. The original manufacturer was Pharmacia & Upjohn, but today Pfizer is the most well known drug company that distributes the drug. The drug was FDA approved in 1999 and has become .

## when to start aromasin on cycle? | Anabolex Forums



XTANE (Exemestane) \$80. 30 Add to cart Aromasin was approved by the FDA in 1999, and it was first used in 2000. It is utilized in the treatment of both early and advanced breast cancer. This drug is an aromatase inhibitor. Aromasin is also known by the brand names Exemestane, Arimidex, and others.

### **Aromasin PCT: Dosage, Side Effects And More - Muscle and Brawn**



Aromasin is a drug that is often used in the world of bodybuilding, especially during PCT or Post Cycle Therapy. In this article, we will discuss everything that people need to know about this drug before they use it in bodybuilding cycles. Skip to content Bodybuilding Life 0

## Aromasin And Tamoxifen In Bodybuilding On PCT Cycle - Boost Hormone



There are a lot of options out there when it comes to AI's (Aromatase Inhibitors), and Aromasin is certainly one of the most popular options for bodybuilders that cycle steroids for a number of reasons. Aromasin is a suicidal Aromatase inhibitor, which makes it a better choice than other AIs.

## Aromasin Dosage - Steroidal



It was found that the drug works fast to start suppressing estrogen, with concentration of the drug being at its highest level just one hour after a 25mg dosage, and the maximum level of estrogen suppression was seen at the 12-hour mark. Best Legal AAS Company OK, guys, for those who follow me, you know I'd never steer you wrong.



## Aromasin dosage on cycle and pct | EliteFitness Bodybuilding Forums



Aromasin is a great option when on cycle to help manage and quickly stop side-effects caused by excess estrogen build up in the body. It can benefit blood pressure and more by reducing the amount of water weight. Nolvadex is a SERM and only blocks the attachment of estrogen to the tissue it does nothing to reduce the levels of estrogen in the body.

### Aromasin (Exemestane) - Evolutionary



Dosage (Men): 12. 5-25 mg/day Dosage (Women): 12. 5 mg/day Active Life: 9 Hours Side Effects: Aromasin side effects may occur frequently and in varying degrees. For example, an athlete may face unpleasant consequences such as: nausea, fatigue, sweating, dizziness, headache, skin rash, insomnia, etc.

## Aromasin - steroid



In bodybuilding, Aromasin is used on a steroid cycle to reduce the aromatase effect (conversion of testosterone to estrogens) when taking anabolic hormones. Exemestane is a drug of the aromatase inhibitor class used in bodybuilding to suppress the estrogenic side effects of steroids. It was patented by Upjohn, the company that created it.

## Exemestane (Aromasin) in Bodybuilding - Evolutionary



Things To Consider When looking at Aromasin and Arimidex on-cycle, there are a few factors to keep in mind. Of these, one of the most important for bodybuilders and athletes is availability. In some cases, it is much simpler to find one product over the other, making it more convenient.

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