

What is human growth hormone injections?

What are the side effects of growth hormone injections?

HGH treatment might cause a number of side effects for healthy adults, including:

- Carpal tunnel syndrome.
- Increased insulin resistance.
- Type 2 diabetes.
- Swelling in the arms and legs (edema)
- Joint and muscle pain.
- For men, enlargement of breast tissue (gynecomastia)
- Increased risk of certain cancers.

What are the benefits of human growth hormone injections?

HGH helps to maintain, build, and repair healthy tissue in the brain and other organs. This hormone can help to speed up healing after an injury and repair muscle tissue after exercise. This helps to build muscle mass, boost metabolism, and burn fat. HGH is also said to benefit the quality and appearance of the skin.

Do growth hormone injections make you gain weight?

A few small studies have linked HGH injections with fat loss and muscle gain. But the changes seen were minimal -- just a few pounds -- while the risks and potential side effects are not. And experts warn that HGH is **not approved** by the Food and Drug Administration (FDA) for weight loss.

Is HGH really bad for you?

High levels of human growth hormone over a long period can produce **irreversible acromegaly**, but even smaller doses can lead to complications such as heart disease and diabetes. And because these hormones must be taken as injections, there are further administration risks such as a blood clot or dose error.



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Are hormone injections safe?

Although **growth hormone injections are relatively safe and effective**, there are a few side effects. Fortunately, serious side effects are rare. Swelling, numbness, and joint and muscle aches and pains are the most common side effects.

What age is best for growth hormone treatment?

GH injections are quick and almost pain-free, so children **ages 10 and up** may be able to and often prefer to give themselves their own injections. It is important that a parent supervises the injection to make sure the child gives the correct dosage each day. Parents should give the injections to younger children.

How much does growth hormone therapy cost?

One study of 128 children treated at a single clinic with a slightly higher dose of growth hormone saw height gains in the range of about 3 to 4 1/2 inches. But that growth definitely comes at a cost. The price of treatment ranges from \$10,000 to \$60,000 annually.

Is HGH a steroid?

HGH is not a controlled substance under federal law, but **steroids are**; possession of them without a prescription is punishable by a prison sentence and a fine.

Can HGH make you taller after 25?

Long-term use of HGH injections can cause a condition called acromegaly. Adults cannot grow taller by using the synthetic growth hormone. High doses will thicken the person's bones instead of lengthening them.

How fast does HGH work for weight loss?

Expected Results with Six Months of HGH Peptide Therapy

While patients will notice some significant increases changes in the body after the first month, the full-benefits are usually fully noticed after **three to six months** of therapy.

Does growth hormone burn belly fat?

"Our findings are part of an accumulating body of evidence that suggests that administration of growth hormone or GHRH **tends to lower visceral fat and improve function**, not only in growth hormone–deficient individuals, but also in normal healthy aging adults and even obese patients," Dr.

Weltman concluded.

Is growth hormone bad for your heart?

GH excess (acromegaly) results in cardiac hypertrophy that can progress to cardiac failure. Treatment with octreotide at least partially reverses cardiac hypertrophy and dysfunction. GH treatment may induce beneficial cardiac hypertrophy in adults without GHD who have dilated cardiomyopathy.

Is HGH safe for females?

-HGH helps to control and maintain cholesterol and blood sugar levels. HGH replacement therapy for women promotes a natural balance to your body. **The supplements are safe** and have a multitude of benefits.

Why is human growth hormone illegal?

The illicit distribution of hGH occurs as **the result of physicians illegally prescribing it for off-label uses** and for the treatment of FDA-approved medical conditions without examination and supervision.

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