



# Is anavar bad for your heart?

## How long can you stay on anavar?

Anavar cycles of **6-8 weeks** are usually safe.

## What does anavar do to your body?

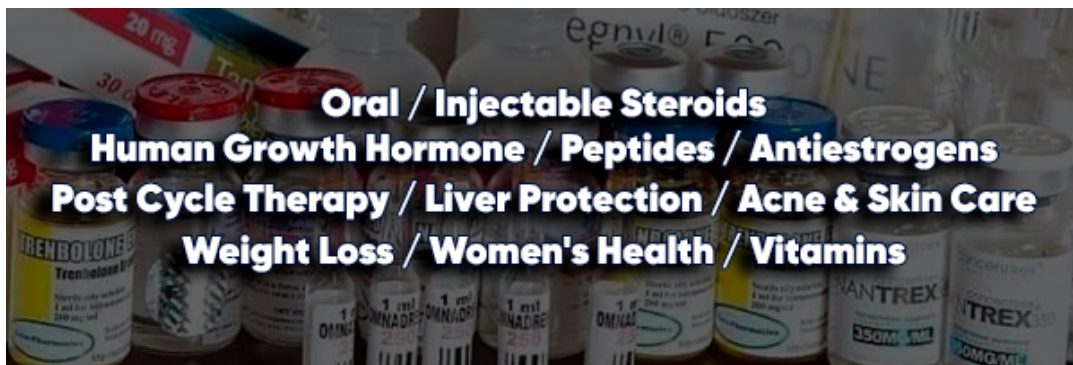
Anavar **enriches the muscles with nitrogen, improving protein synthesis, and enhancing muscle recovery.** With an Anavar cycle of six to eight weeks, you should notice that you are gaining harder, leaner muscle. Such results should come with a daily dose of 60 mg to 80 mg.

## Is anavar hard on the liver?

Warnings: Rarely, **this drug has caused serious, sometimes fatal liver problems** including liver failure, liver cysts, and liver tumors. Tell your doctor promptly if you have any signs of liver problems such as yellowing eyes/skin, dark urine, unusual tiredness, or sudden/persistent stomach/abdominal pain.

## What happens when you stop taking anavar?

Do not increase your dose or use this drug more often or for longer than prescribed. When an anabolic steroid is misused or abused, you may have **withdrawal symptoms (such as depression, irritability, tiredness)** when you suddenly stop using the drug. These symptoms may last from weeks to months.



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## What's the half life of Anavar?

Oxandrolone

### Clinical data

Metabolism

Kidneys (primarily), liver

Elimination half-life **Adults: 9.4–10.4 hours Elderly: 13.3 hours**  
Excretion                      Urine: 28% (unchanged) Feces: 3%  
Identifiers

## **Does anavar make your balls shrink?**

Anavar can **suppress the body's normal production of testosterone**. This can effect the functioning of the testicles and result in testicular atrophy (shrinking of the testicles).

## **Should you take Anavar once or twice a day?**

Anavar is to be taken **twice a day** with the above-recommended dosage broken up into two instances: in the morning and the evening along with food.

- [online](#)
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