



Is hgh worth taking?

Is it worth it to take HGH?

There's little evidence to suggest HGH can help otherwise healthy adults regain youth and vitality. Alternatively, HGH treatments **may increase the risk of other medical conditions**. Experts recommend against using HGH to treat aging or age-related conditions.

Is HGH really bad for you?

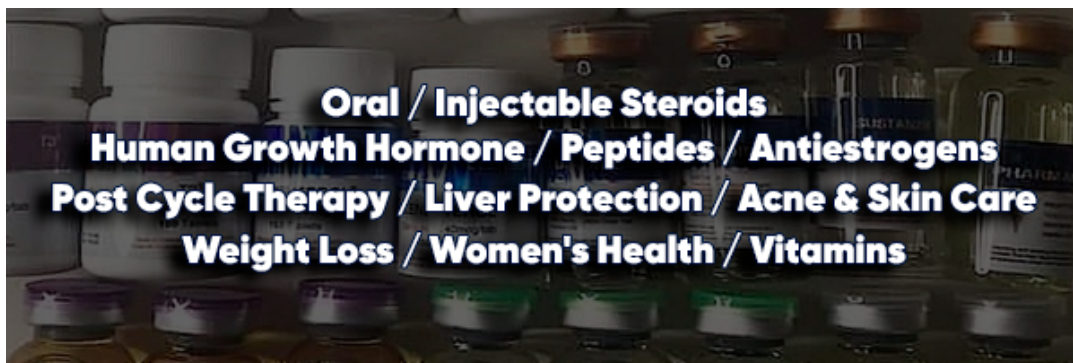
High levels of human growth hormone over a long period can produce **irreversible acromegaly**, but even smaller doses can lead to complications such as heart disease and diabetes. And because these hormones must be taken as injections, there are further administration risks such as a blood clot or dose error.

Does HGH get you bigger?

When people take synthetic HGH, **it can increase their muscle mass and decrease their body fat**, according to the Mayo Clinic. But it doesn't make people stronger or boost performance, according to experts from Harvard University.

Do you lose gains from HGH?

After a user discontinues steroids, loss of muscle size and, to some degree, strength, is often reported. Size and **strength gains made during use of hGH are permanent**.



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Can HGH make you taller after 25?

Long-term use of HGH injections can cause a condition called acromegaly. **Adults cannot grow taller by using the synthetic growth hormone**. High doses will thicken the person's bones instead of lengthening them.

What happens if I stop taking HGH?

Growth hormone deficiency (GHD) in adults is associated with **increased adiposity**,¹ adverse serum lipid profiles,² and reduced exercise capacity. ³Lethargy, low mood and social isolation,⁴ reduced bone mineral density,⁵ and excess mortality, partly the result of increased cardiovascular deaths,⁶ have also been reported.

Does HGH damage your liver?

HGH prompts the liver and other organs to make IGF-1, which affects many tissues and organs in the body. Studies usually measure IGF-1 rather than growth hormone directly because IGF-1 levels remain more constant.

What age is best for growth hormone treatment?

GH injections are quick and almost pain-free, so children **ages 10 and up** may be able to and often prefer to give themselves their own injections. It is important that a parent supervises the injection to make sure the child gives the correct dosage each day. Parents should give the injections to younger children.

Is growth hormone bad for your heart?

GH excess (**acromegaly**) results in cardiac hypertrophy that can progress to cardiac failure. Treatment with octreotide at least partially reverses cardiac hypertrophy and dysfunction. GH treatment may induce beneficial cardiac hypertrophy in adults without GHD who have dilated cardiomyopathy.

How quickly does HGH work?

Expected Results with Six Months of HGH Peptide Therapy

While patients will notice some significant increases changes in the body after the first month, the full-benefits are usually fully noticed after **three to six months** of therapy.

Does HGH make your nose bigger?

' And the answer is, once you're an adult, **growth hormone will give you a big nose**, but it won't make you any taller. " Nose and ears, which are made of cartilage, continue to grow throughout a person's life, although in most people this is hardly noticeable.

Does HGH damage kidneys?

There have now been many studies on the effects of growth hormone (GH) on renal function. Chronically elevated GH levels, such as occur in acromegaly, are associated with an increase in renal plasma flow (RPF), glomerular filtration rate (GFR) and kidney size.

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