



# Is human growth hormone good or bad?

## Is Human growth hormone good for you?

It's important for **growth, cell regeneration, and cell reproduction**. HGH helps to maintain, build, and repair healthy tissue in the brain and other organs. This hormone can help to speed up healing after an injury and repair muscle tissue after exercise. This helps to build muscle mass, boost metabolism, and burn fat.

## Is growth hormone Good or bad?

High levels of human growth hormone over a long period can produce **irreversible acromegaly**, but even smaller doses can lead to complications such as heart disease and diabetes. And because these hormones must be taken as injections, there are further administration risks such as a blood clot or dose error.

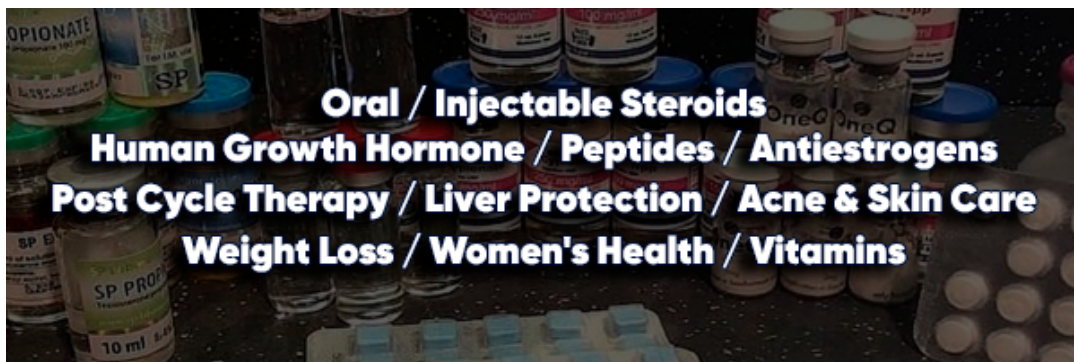
## Can growth hormones hurt you?

HGH Side Effects and Other Hazards

Nerve, muscle, or **joint pain**. **Swelling** due to fluid in the body's tissues (edema) Carpal tunnel syndrome. Numbness and tingling of the skin.

## Does HGH shorten your life?

Other research has shown that people with low levels of HGH due to surgical or radiation damage to the pituitary gland that makes HGH have **increased risk of cardiovascular disease**, a factor that can shorten life span.



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## Can I take growth hormones at 17?

The Endocrine Society **do not recommend** HGH injections for adults or children unless they have a growth hormone deficiency.

## Is HGH safe for females?

-HGH helps to control and maintain cholesterol and blood sugar levels. HGH replacement therapy for women promotes a natural balance to your body. **The supplements are safe** and have a multitude of benefits.

## Can HGH make you taller at 18?

Therefore, simply utilizing HGH to help adults grow taller after the age of 18 is not going to work in most cases. The only candidates for HGH **past the age of 18 are adults that have growth plates that are not yet closed.**

## Can HGH make you taller at 21?

Adults that want to gain height cannot use Adult HGH Therapy in Hollywood to **help stimulate their bones to lengthen.** This is due to the fact that after puberty our growth plates begin to fuse with the bones they are associated with.

## Why do athletes use human growth hormone?

Also known as gonadotropin, HGH is a synthetic, or artificially-produced, drug that has an anabolic effect, meaning it promotes muscle-building. Because of these effects, athletes will use HGH **to improve their strength and endurance** in order to gain a competitive edge.

## Are HGH gains permanent?

Size and strength gains made during use of **hGH are permanent.**

## What happens when you stop taking HGH?

Growth hormone deficiency (GHD) in adults is associated with **increased adiposity**,<sup>1</sup> adverse serum lipid profiles,<sup>2</sup> and reduced exercise capacity. <sup>3</sup>Lethargy, low mood and social isolation,<sup>4</sup> reduced bone mineral density,<sup>5</sup> and excess mortality, partly the result of increased cardiovascular deaths,<sup>6</sup> have also been reported.

## Does HGH damage your liver?

**HGH prompts the liver and other organs to make IGF-1**, which affects many tissues and organs in the body. Studies usually measure IGF-1 rather than growth hormone directly because IGF-1 levels

remain more constant.

## Is it bad to hit puberty late?

A: No, delayed puberty isn't harmful. Since there are medical causes, kids with delayed puberty should be evaluated, but most of the time it's not a medical problem. Still, if your **child feels** as though he's not keeping up with his peers in growth and physical development, it can be very upsetting.

## When do girls stop growing?

Girls grow at a quick pace throughout infancy and childhood. When they reach puberty, growth increases dramatically again. Girls usually stop growing and reach adult height by **14 or 15 years old**, or a couple years after menstruation begins.

## Why did I not grow taller?

The delay may be caused by an underlying health condition, such as **growth hormone deficiency or hypothyroidism**. In some cases, early treatment can help a child reach a normal or near-normal height. If you suspect your child isn't growing at a normal rate, make an appointment with their doctor.

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