



# Is nandrolone bad for you?

## Can nandrolone be dangerous?

Its consumption can trigger a series of **adverse side effects** in the body, both acute and chronic [18]. However, acute adverse effects have also been described, primarily consisting of headaches, fluid retention, gastrointestinal irritation, diarrhea, abdominal pain, jaundice, menstrual abnormalities, and hypertension.

## Are nandrolone steroids safe?

Some athletes -- professionals as well as everyday athletes and even adolescents -- misuse steroids like nandrolone to build muscle and boost performance. But studies show that overuse or misuse of nandrolone or any other anabolic steroid **could be bad or dangerous for your health**.

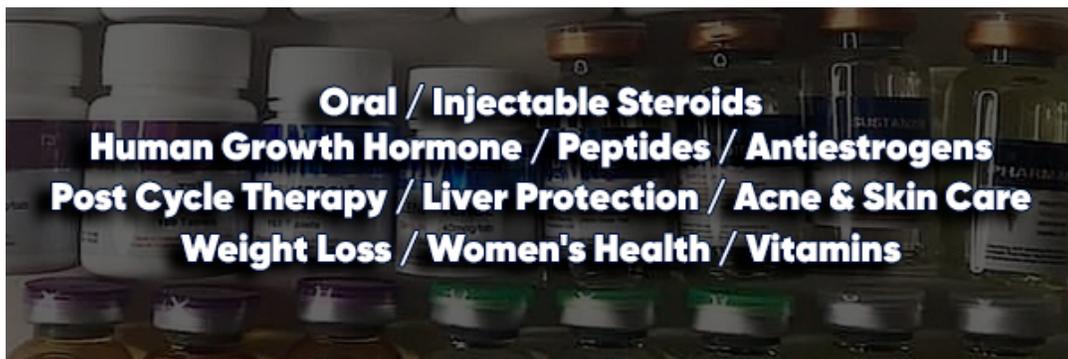
## What are the side effects of nandrolone?

Side effects of nandrolone decanoate may include symptoms of **masculinization like acne**, increased hair growth, voice changes, and decreased sexual desire due to its ability to suppress endogenous testosterone synthesis while not being a sufficient androgen itself.

## How long can you take nandrolone?

For nandrolone phenpropionate

For injection dosage form: For treatment of certain breast cancers in women: Adults—25 to 100 milligrams (mg) injected into a muscle once a week **for up to twelve weeks**. After a four-week rest period without receiving this medicine, your doctor may want you to repeat the cycle.



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## What Athletes use nandrolone?

The list of athletes who have been linked with nandrolone is long and diverse, including **swimmers, tennis players, mixed martial artists, baseball players, sprinters and football players.**

## What does nandrolone do to athletes?

Because of its anabolic properties, nandrolone is used among athletes as **a doping agent to accelerate muscle growth**; to increase lean body mass, strength, and aggressiveness; and to allow faster recovery between athletic performances (4)(5)(6).

## Does nandrolone cause weight gain?

Treatment with nandrolone produced increases of 9.0% and 8.6% in weight and LBM, respectively, in 12 weeks. The increases in weight and LBM with nandrolone use **occurred with no statistically significant change in fat mass.**

## What is nandrolone used to treat?

Nandrolone decanoate, also known as nandrolone capriate, is an alkylated anabolic steroid indicated in the management of anemia of renal insufficiency and as an **adjunct therapy in the treatment of senile and postmenopausal osteoporosis.**

## Does nandrolone increase estrogen?

The estrogenic activity of nandrolone and stanozolol was **further confirmed by their capacity** to induce the expression of the ER-regulated gene, CCND1 encoding for the cell cycle regulator cyclin D1, which represents a key protein for the control of breast cancer cell proliferation.

## Does nandrolone increase testosterone?

The results showed a **significant increase of testosterone levels** in the culture medium of R2C cells treated with 3.9  $\mu\text{M}$  of nandrolone, while the levels of this hormone did not change at higher doses (15.6  $\mu\text{M}$ ) of nandrolone, compared to basal condition.

## Is nandrolone decanoate safe?

**No subject experienced toxicity.** Conclusion: Nandrolone decanoate has beneficial effects on weight, lean body mass and quality of life in selected patients who have mild to moderate HIV wasting.

## Does nandrolone make you hungry?

Nandrolone, as an anabolic steroid, does make **sense because “steroids make you hungry and energetic.”** However, there could be potential concerns with steroids affecting the patient's immune

system while they are on immunotherapy, increasing glucose levels in diabetics, as well as long-term side effects like weakness in

## **Does nandrolone help joint pain?**

Nandrolone is a particularly compelling medication that **has significant beneficial effects on joint pain in hypogonadal men**, reducing their reliance on chronic pain medication and reducing pain scores in responding men by more than half.

## **Does nandrolone cause hair loss?**

\* nandrolone (deca durabolin/npp) – by itself, deca/npp **should not cause much hair loss**. If you are taking finasteride (which you should be indefinitely), it will cause significant androgenic hair loss that can last up to 18 months.

## **What food contains nandrolone?**

**Pig organ meat** (offal) has the highest levels of nandrolone.

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