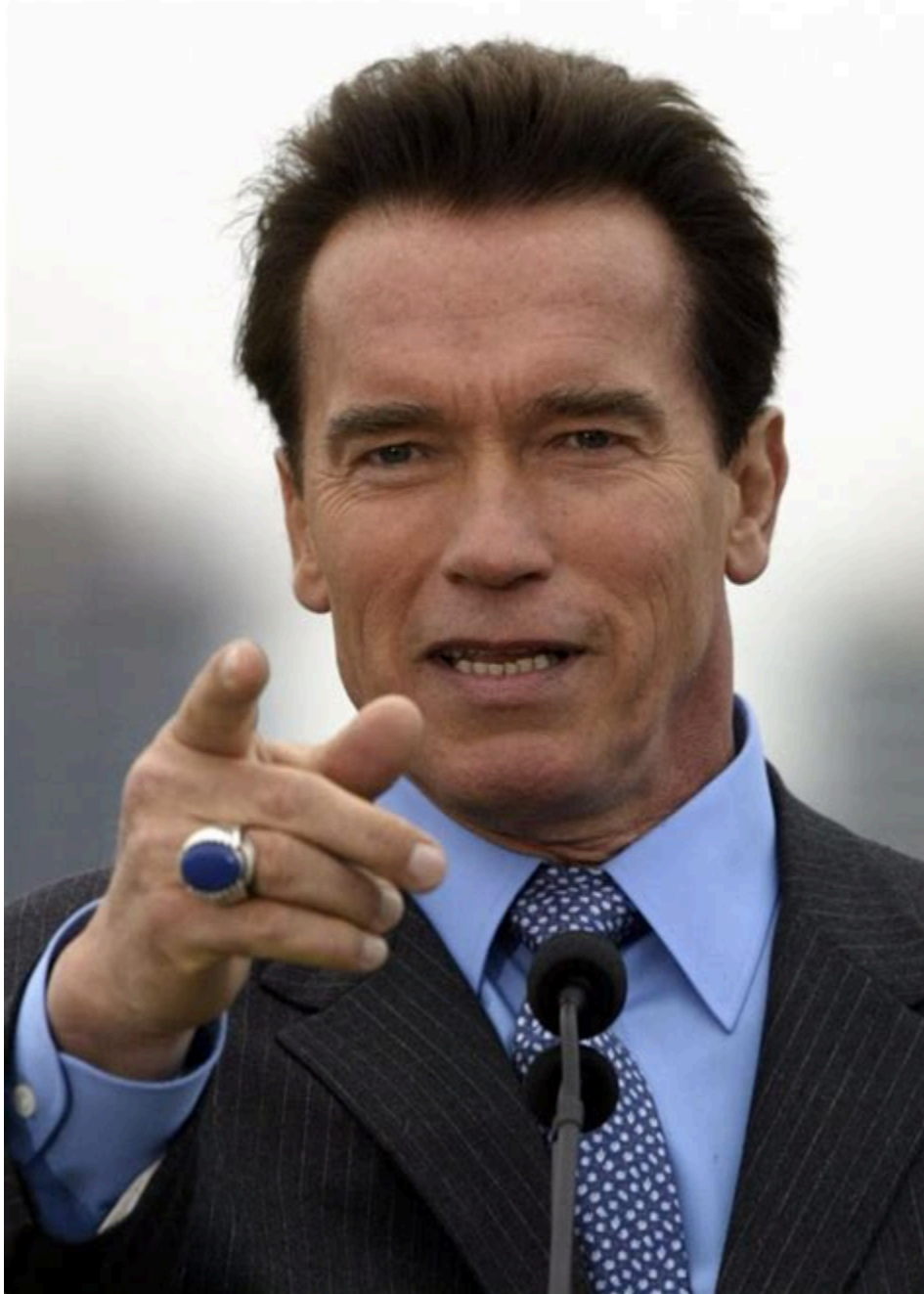


Arnold Schwarzenegger Recalls His Past Steroid Use, Urges Bodybuilders to Avoid Them: 'Don't Go There' Arnold Schwarzenegger opened up to Men's Health about taking testosterone and Dianabol.



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**Schwarzenegger: no regret for taking drugs | World news | The Guardian**



Arnold: No Regrets About Steroids February 26, 2005 / 2:57 PM EST / AP Gov. Arnold Schwarzenegger, who has acknowledged using steroids during his years as a champion body builder, said he.

## Schwarzenegger Has No Regrets About Steroid Use - ABC News



Schwarzenegger, now 71, isn't kidding about the destruction part. Steroids may help your muscles grow, but there can be serious side effects, like aggression, low sex drive, heart issues, kidney issues, and the list goes on. Check out the entire video below for Schwarzenegger's full take on the issue. Topics: Arnold Schwarzenegger .

### **"Have No Regrets": Arnold Schwarzenegger Opened Up About Using Steroids .**

Arnold Schwarzenegger said he would not have used steroids had he known the health risks, and he would like bodybuilding to remain a respectable sport. "Of course we want to keep the sport.

### **Schwarzenegger: 'No regrets' about steroid use - NBC News**



Arnold Schwarzenegger Urges People Not to Take Steroids Despite Admitting His Own Use 'People are dying — they're dying because of overdoses of drugs and they don't know what the fuck they're.

## Arnold: No Regrets About Steroids - CBS News



Arnold Schwarzenegger opens up about steroid use In the past, Arnold Schwarzenegger has admitted to using performance-enhancing drugs during his prime as a bodybuilder. Talking to Men's Health in 2018, he expanded on his perspective on the issue. In the early 70s, steroid use had been a fairly new concept.

## Arnold Schwarzenegger Candidly Addresses Past Steroid Use



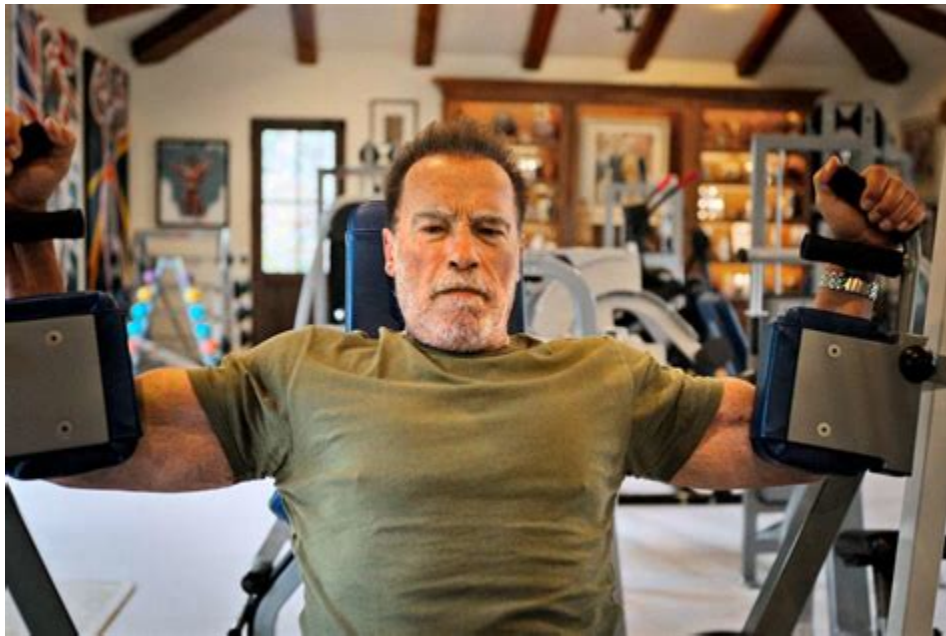
Unlike many of his contemporaries, Arnold openly confessed that he used steroids. Back in 2005, in an interview with ABC's George Stephanopoulos, the 7x Mr. Olympia Champion had a lot to say about it. ADVERTISEMENT Article continues below this ad Arnold made his stand clear way back 1970 was a significant milestone in Arnold's life.

## Arnold Schwarzenegger's Steroid Cycle - Dbol And Primobolan



When Did Arnold First Take Steroids? Before becoming a famous bodybuilder, Arnold Schwarzenegger first began taking steroids at the age of 20. Steroids enhance muscle growth by boosting protein synthesis and nitrogen retention while also mitigating muscle breakdown, but their misuse can cause serious health issues. View this post on Instagram

## Arnold Schwarzenegger Recalls His Past Steroid Use, Urges Bodybuilders .



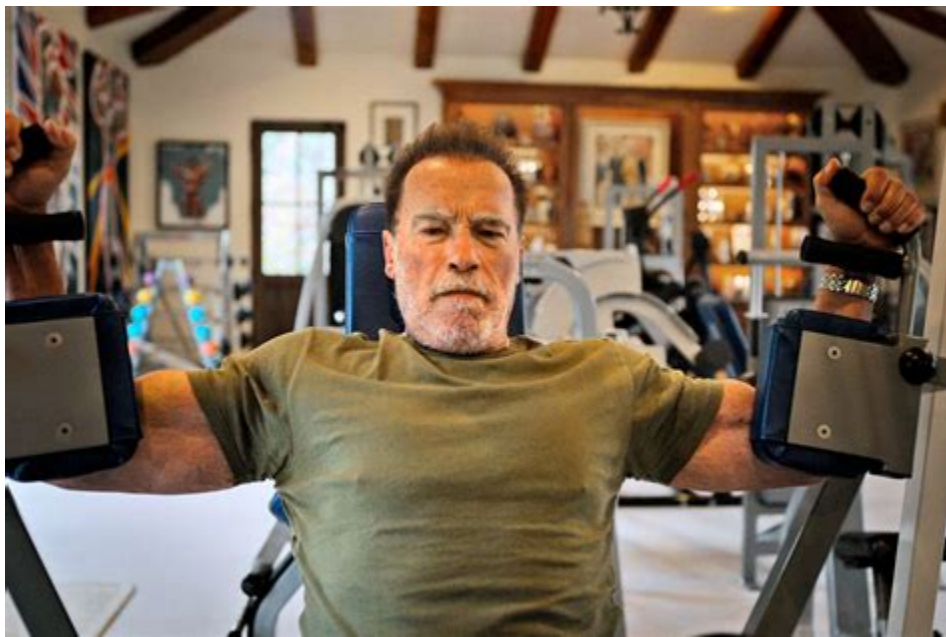
Feb. 26, 2005, 2:00 PM UTC / Source: The Associated Press. Gov. Arnold Schwarzenegger, who has acknowledged using steroids during his years as a champion body builder, said he doesn't regret .

## Arnold Schwarzenegger Says Steroid Abuse Is a Big Problem in .



Feb. 25, 2005 -- -- Governor, movie star and former professional bodybuilder Arnold Schwarzenegger admits to using steroids, but says he has no regrets. The seven-time Mr. Olympia winner told ABC News's George Stephanopoulos that even knowing what he knows now about the performance-enhancing drugs, he would still have used them.

## Arnold Schwarzenegger Admits to Past Steroid Use - Men's Health



Arnold Schwarzenegger's steroid cycle from the golden era of bodybuilding is a topic that is often heavily debated. There's a lot of speculation around what kind of drug use the golden era bodybuilders deployed to get the physiques that are so sought after nowadays.

## How Arnold Schwarzenegger Became a Bodybuilding Legend - Men's Health



Comment Arnold Schwarzenegger (Image via Getty) Arnold Schwarzenegger, the four-time Mr. Universe, is one of the best bodybuilders the world has ever witnessed. However, the legendary.

**See the Dramatic Changes In Bodybuilders' Physiques Over the Past 125 .**



Mon 28 Feb 2005 19. 01 EST. Arnold Schwarzenegger has defended his use of steroids and said he has no regrets about using performance-enhancing drugs. The Terminator star has long acknowledged .

## **Arnold Schwarzenegger on Using Steroids During Bodybuilding Career**



There's no guesswork with Arnold: He's admitted that he used steroids in the 1960s and 1970s, and told ABC News' George Stephanopoulos that he wouldn't change it if he could.

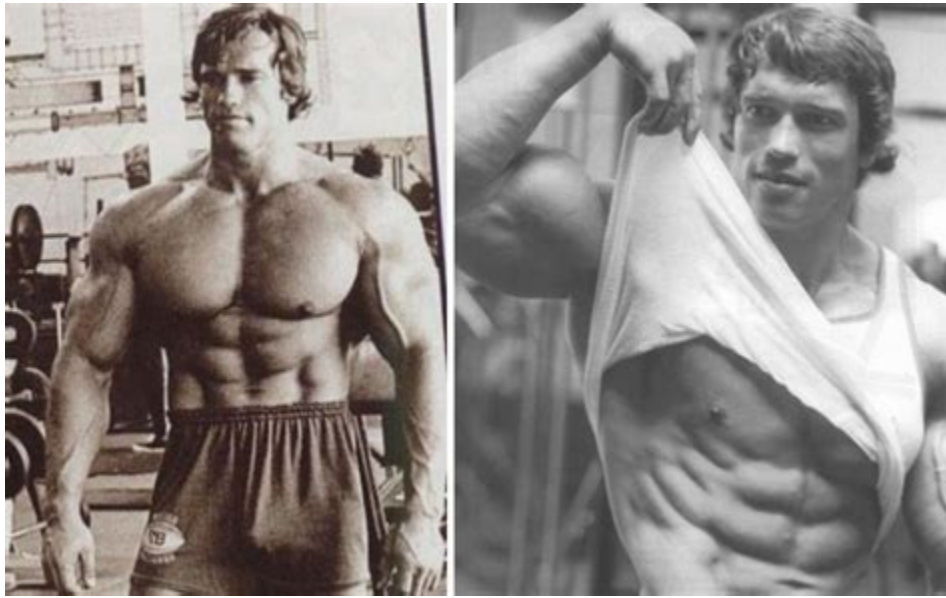
## **Arnold Schwarzenegger Once Got Brutally Honest About Steroids During .**



Arnold Schwarzenegger has spoken out about his history with drug use, with the actor encouraging bodybuilders not to use steroids. The 75-year-old reflected on his days as a bodybuilder during.



## **Arnold Schwarzenegger Opens Up About Bodybuilding, Steroid Use - Men's .**



Now 75, Schwarzenegger opened up about his use of steroids during that time in a new interview and explained why he believes he did so safely, while many bodybuilders today are putting themselves in danger. Speaking to Men's Health, Schwarzenegger rationalized his use of steroids, which he says he took under the guidance of medical professionals.

### **"One hundred milligrams a week" - Arnold Schwarzenegger reveals steroid .**

Arnold Schwarzenegger has a warning for fit-fluencers and young body builders: When it comes to steroids, "Don't go there. ". The 75-year-old action icon covers the July/August 2023 issue of Men's .

### **Why Steroids Aren't the Main Culprit Behind Arnold Schwarzenegger's .**



He pointed out that his usage of the drugs in the 1970s was very different: Steroids weren't illegal until Congress passed the Anabolic Steroids Control Act of 1990. Schwarzenegger also.

### **Was Arnold Schwarzenegger on steroids? - Sportskeeda**



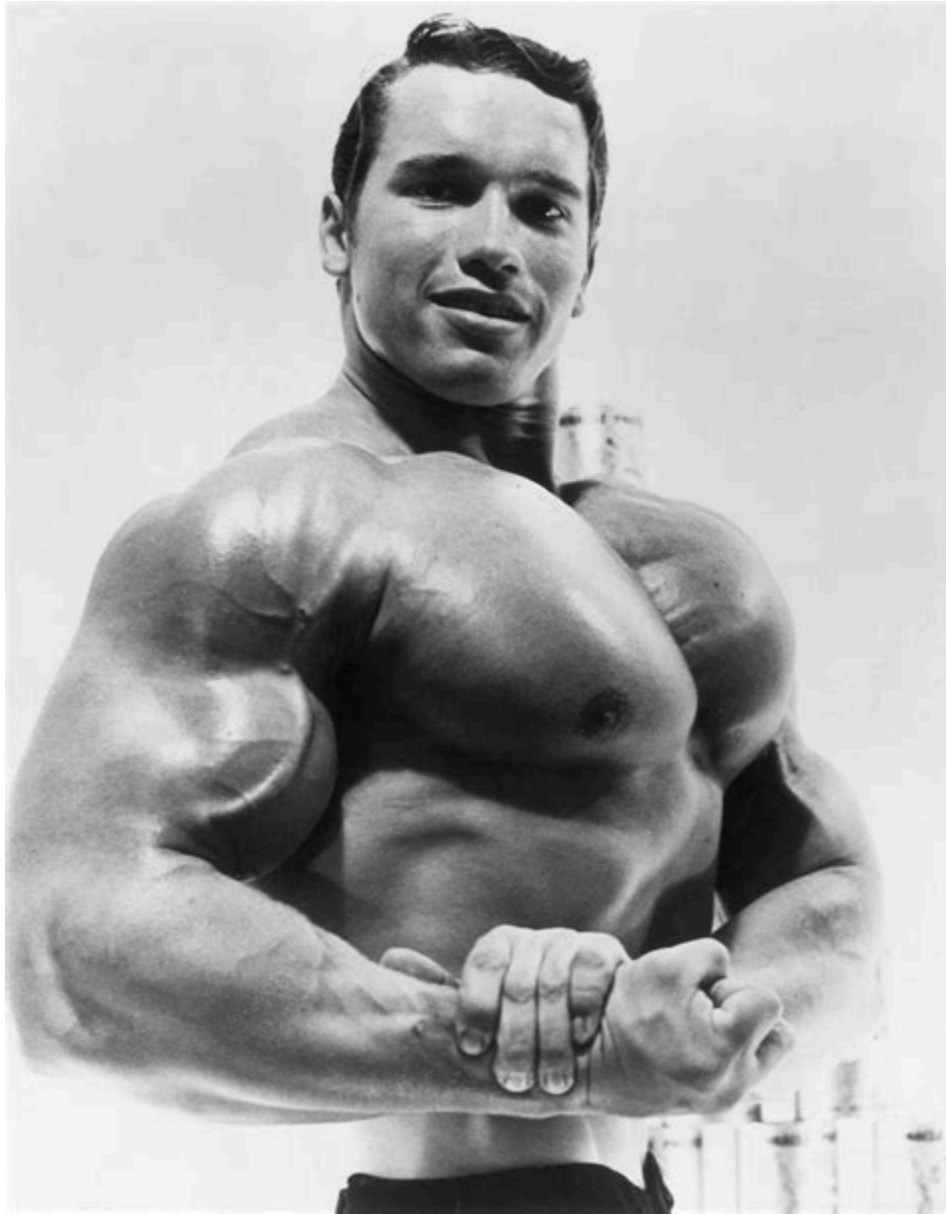
Enter Larry Scott, who won the first two Mr. Olympia titles. At 5-foot-7, Scott weighed just over 200 pounds, with 20-inch arms that looked even bigger on his relatively narrow frame. Perhaps most .

### **Did Arnold Schwarzenegger Use Steroids to Become a Bodybuilding Icon?**



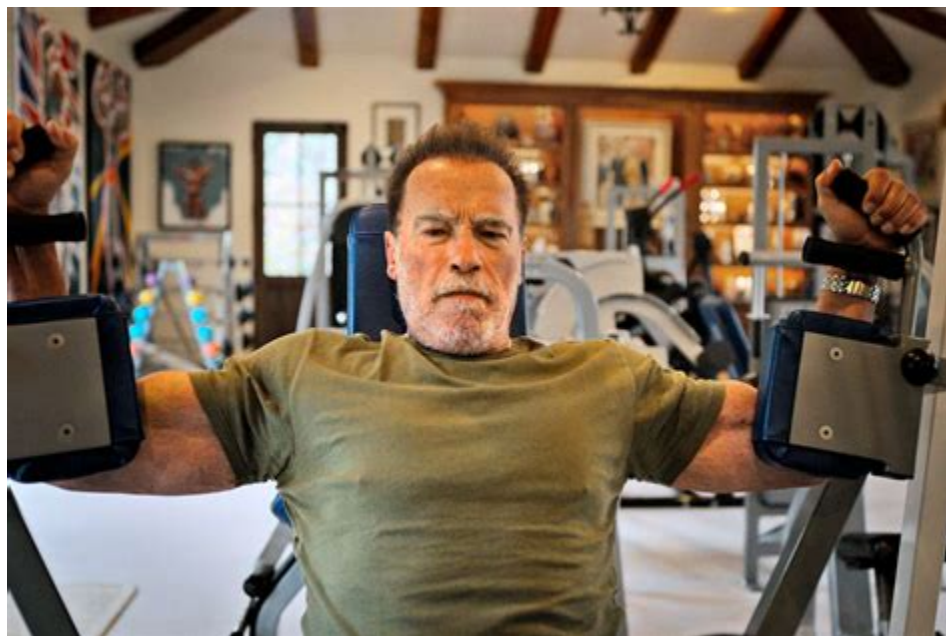
During his recent interview with Men's Health, Arnold Schwarzenegger revealed the exact steroids he used during his pro bodybuilding days. He claimed he used 'testosterone and Dianabol'. "One.

## **Arnold Schwarzenegger Says He Used Steroids Safely: "Now People Are Dying"**



Even Arnold Schwarzenegger, arguably the most significant figure in bodybuilding, revealed his Olympia-era steroid cycle. However, over the decades, as bodybuilding grew in popularity, cardiac issues in professional bodybuilders also grew. 76-year-old Arnold Schwarzenegger has also faced cardiac issues.

**Arnold Schwarzenegger urges bodybuilders to avoid steroids as he opens .**



How Arnold Became Arnold: The Men's Health Legends Interview with Arnold Schwarzenegger. In honor of Men's Health's 30th anniversary, the bodybuilding icon takes a look back at his decades-long .

## Before and After Pictures: Infamous Suspects of Steroid Use



Arnold Schwarzenegger Talks Bodybuilding, Steroid Use on 'The Howard Stern Show'. "I did my sets always until it burned." Declan Gallagher. Oct 10, 2023 1:52 PM EDT. Arnold Schwarzenegger .

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