



People are missing the point of Aziz's lifestyle, the reason he was popular is not cuz of his physique, its cuz of the way he lived life, it really never mattered whether he used steroids or not, also, steroids are barely drugs in comparison with what zyzz used to take [deleted] • 8 mo. ago He wasn't a liar.

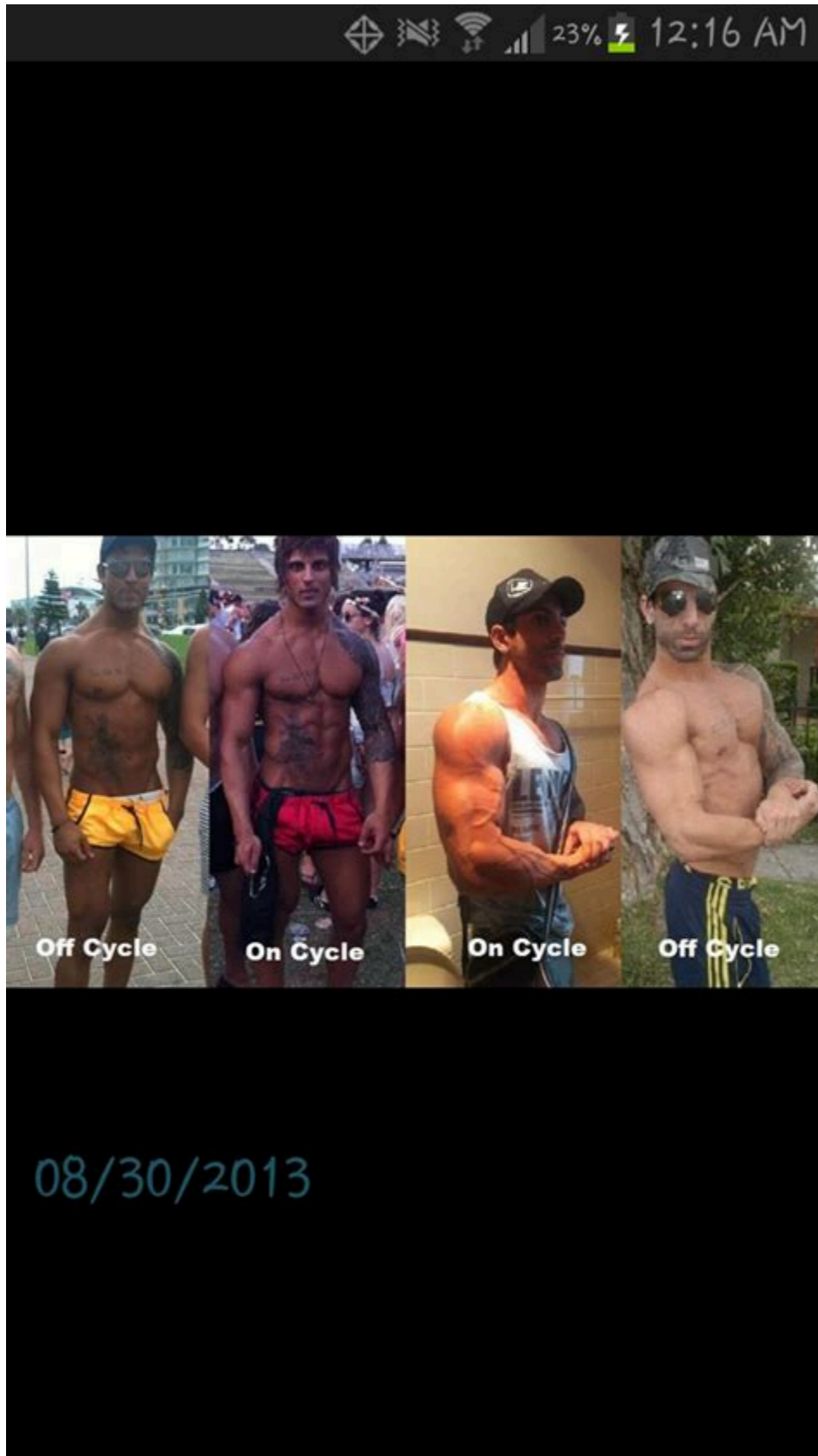
**BUY ANABOLICS ONLINE**

**100% SECURE**

**WORLDWIDE SHIPPING**

💧 💧 💧 **CHECK OUT OUR STORE** 💧 💧 💧

Does anyone know what Zyzz's cycle was? : r/zyzz - Reddit



Although Zyzz publicly claimed that he never took steroids, this was untrue. An August 2008 post on a bodybuilding forum showed that he was an experienced user. A fellow bodybuilder called Tim "Sharky" Ward said that he had warned the 20-year-old about his steroid use in the days leading up to his death.

## Zyzz - Wikipedia



In an email to journalists in response to the media coverage, Zyzz did not deny but certainly did not admit to steroid use: The article portrays me in a negative light, using my photo for what was an article with anything related to drug use . . . What I have done, however, is use the internet to build up my name and brand, I have my own protein .

## How did zyzz really die : r/zyzz - Reddit



Zyzz was one of the youngest fitness influencers whose death was most likely caused due to steroid use at the age of 22. Zyzz was born in Russia and moved to Sydney in the early 90s. Aziz "Zyzz" Shavershian. My other areas of interest are writing articles on Men's management tips, Fitness management and self help. Which Steroids Did Zyzz Use .

## Reacting To Zyzz's Steroid Cycles - My Analysis - YouTube



Which Steroids Did Zyzz Use? RIP Zyzz. It is widely known that Zyzz took steroids; explaining his motive to go on holiday to Thailand (shortly before he died) - due to the cheap prices in the country. He also referred to "riding bicycles", meaning to cycle steroids.

# Remembering Zyz: Distributed Memories on Distributed Networks

## The Stories of Zyz - Distributed Memories on Distributed Networks

**Nansen, B.**, Arnold, M., Gibbs, M., and Kohn, T. (2015) The Stories of Zyz - Distributed Memories on Distributed Networks, In *Social Media and Social Memories. Remembering in Digitally Networked Times*. Eds. Christine Lohmeier, Andrea Hajek and Christian Pentzold. Palgrave Macmillan.

### Abstract

This chapter explores the online posthumous memories of Zyz – an amateur bodybuilder and social media celebrity who died of a heart attack at the age of 22. It compares how memories of Zyz are distributed and contested across multiple platforms, including niche body-building fan sites, popular social networking sites, and other online information-sharing or discussion forums. Based on a comparative analysis of content from these platforms, the chapter reveals how memories are subject to a tension between coherence and dispersal under the conditions of distributed networks. Digital memories are persistent, replicable, scalable, and searchable; yet they do not remain stable, with digitally networked data often fragmented, incomplete, restricted or obscure. We argue that in these contexts, memories of the dead are susceptible to competing, partial, and disparate accounts, which endeavour to secure a particular view of the deceased and identify a specific legacy that the deceased leaves behind.

### Introduction

Aziz Sergeyevich Shavershian, better known as "Zyz", died in 2011 at the age of 22 from a heart attack in a Bangkok sauna. Zyz was a well-known identity among amateur bodybuilders – a subculture which seeks to achieve the "aesthetics" of a highly muscular physique. Prior to his death, Zyz had become a minor internet celebrity, actively self-promoting himself through social media to create a personal brand. He had a Facebook following of more than 60,000 "fans" and regularly posted videos of himself on YouTube. Following his death, however, coverage of Zyz exploded with both social and traditional media discussing his death, his status as a role model and celebrity, and the growing use of steroids among amateur bodybuilders.

This chapter compares posthumous representations and memories of Zyz across multiple platforms, including niche body-building fan sites (BodySpace, Shredded), popular social networking sites (Facebook, YouTube) and other online information-sharing or discussion forums (Australian Broadcasting Corporation or ABC, Squidoo). Based on a comparative analysis of content from these platforms, we examine how material ecologies and social collaborations of commemoration in digital networks shape and re-shape the collective memory of Zyz. This analysis draws on the multiple disciplines of the authors, including media studies, digital anthropology, technology studies and human-computer interaction, to outline the various social and technical trajectories involved in retrospectively remembering and prospectively memorialising the dead online. In so doing, we offer a new perspective on interactions between digital media and memory (Garde-Hansen 2011; Garde-Hansen et al., 2009; Neiger et al., 2011; van Dijck, 2007). We argue that the memories of the deceased are entangled with and across multiple platforms, and thus subject to a tension between coherence and dispersal under the conditions of distributed networks. In these conditions, digital memories are persistent, replicable, scalable, and searchable. Furthermore, instead of remaining

Latterly, Zyz had insisted he didn't use steroids. He claimed his body shape was due to diet and hard work in the gym. A person called Aziz had previously written openly in an online forum about steroid use. In one discussion thread last year he wrote that he was taking a cycle of the anabolic steroid DNP. Man's voice: 'I'm 21. I'm .

## Did zyzz take steroids or not? | Evolutionary Steroids Research Forums



Aziz denied ever using steroids to The Daily Telegraph and claimed that his amazing physique was due to hard work in the gym and a strict diet. However, Aziz often used phrases like "riding."

### How did Zyzz die? - This Interests Me



Did zyzz take steroids? Alot of people say he took steroids, is that true? 8 Sort by: Add a Comment idubby • 8 yr. ago nah bro, only creatine and protein powder 16 poolsidebabeig • 8 yr. ago nah man hes fully natty cuz 16 MrInYourFACE • 8 yr. ago He was completely natural. There are reports that he took creatine, but honestly i doubt it. 16

## The death and afterlife of the Internet's favorite bodybuilder



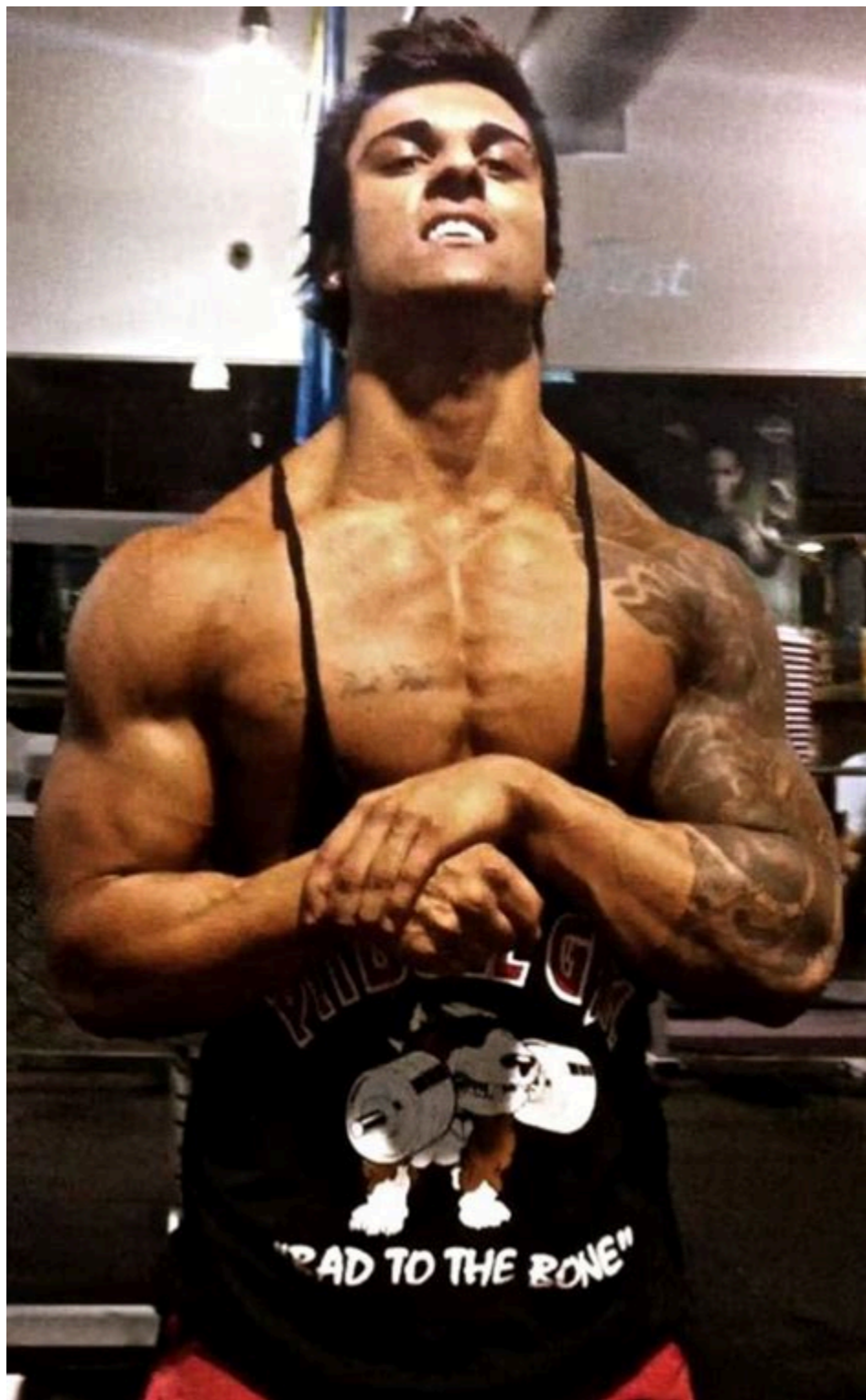
How did Zyzz die? Autopsy Report. Part 2: [youtube/watch?v=MGuIZVZKxVw&t=10s](https://www.youtube.com/watch?v=MGuIZVZKxVw&t=10s) Dr Aziz (no relation to the deceased) analyses the circumstances 1.

## How did Zyzz die? Heart attack? Doctor explains autopsy . - YouTube



Zyzz did use Xanax and blacked out on a train and lost his phone once he said, plus he mentioned he did lots of "X" ecstasy, and coke Reply reply . Also, considering the use of steroids, his heart may be seriously damaged. All together, he gone. Reply reply

## Did The Man Who Started The Movement Of 'Looking Aesthetic' On . - MensXP



Aziz "Zyzz" Shavershian died in a hot tub at age 22. Three years later, the online bodybuilding world can't forget him. Every Internet community has its strongman. Arnold Schwarzenegger .



## Which Steroids Did Zyzz Use? - 358 Words | Bartleby



Amazing-Living-9957 • 1 yr. ago oh he was on drugs too besides steroids? I thought dying at 22 was crazy even on roids. . but makes sense if he was doing drugs on top of it. Bros bpm was proolly 220 while on roids and molly 4 billiebobbie5000 • 7 mo. ago He had congenital heart issues, arrhythmia I know for sure. Only exacerbated by steroid use.

## Did zyzz use masteron. The Science Behind Zyzz's Alleged Use of .



In 2015, whilst looking for a way to explore anabolic-androgenic steroid use, I googled 'Australia' and 'steroids' and Zyzz appeared on the first page of the search results. . drug use with recreational drug use is one of the reasons many consider Zyzz to be 'the poster boy for irresponsible steroid use'. Conclusion. Zyzz inspired .

## Did Zyzz Use Steroids? - Muzcle



November 28, 2023 Fact Checked Written By: Jack Parker Table of Contents Aziz Sergeevich Shavershian, better known as Zyzz, became an internet sensation with his chiseled physique and charismatic presence. His transformation from a skinny teen to a muscular icon sparked widespread curiosity and speculation.

## Who is Zyzz, and Why Do Some Love Him, and Others Hate Him?



Brosience Verdict CrazyBulk | Legal Steroid Alternatives 4. 8 These are my top-rated legal bodybuilding supplements for explosive muscle growth and rapid fat loss. Find Best Price Read My Review The speculations were not without basis, as achieving Zyzz's level of aesthetic definition and muscularity naturally is an incredibly challenging feat.

## Did Zyzz take steroids during his rise to fame? A look into Aziz .



He objected to the use of his picture to illustrate what was essentially an article on the misuse of anabolic steroids. [18] When asked by The Daily Telegraph, Shavershian denied ever using steroids, and claimed that his physique was the result of hard work in the gym and a strict diet. [23]

## Remembering Zyzz: The Greatest Muzza Ever - VICE



#2 lobert said: I am 21 years old and he has the best body in bodybuilding history I don't care what anyone says I read that zyzz never took steroids and he only used chyawanprash and Kurdish biscuits to achieve his physique I want to achieve his physique but not sure how to do it.

**Zyzz did Steroids as a 19-20 year old, why shouldn't I as a 22 . - Reddit**



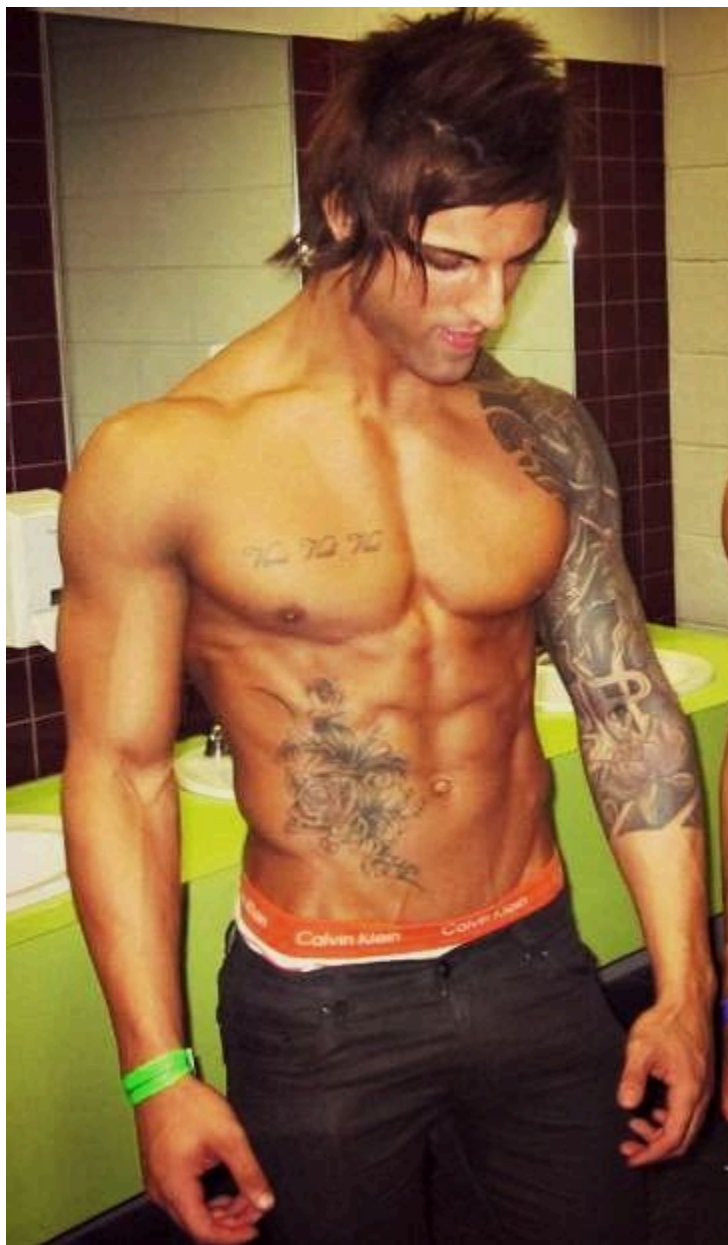
The media saw his death as a warning about the excessive use of anabolic steroids, although the autopsy later revealed a previously undiagnosed congenital heart defect. In any case, Zyzz's message .

## 5 Bodybuilders Who Likely Died from Steroids Use - Sportskeeda



Like I mentioned above, Zyzz never admitted to steroid usage openly but his brother Said had openly talked about it in a YouTube video saying that he was surprised as to how strong and muscular.

## Did zyzz take steroids? : r/zyzz - Reddit



✉ Automatically receive MPMD articles when they are published: [bit. ly/2mtASGW](https://bit.ly/2mtASGW) ————— ✎ [gorillamind/derek](#) (Gorilla .

## Zyzz body without steroids - Physical Fitness Stack Exchange



7 tetracyclin • 6 yr. ago Even from a 5 week cycle? HaxusPrime • 6 yr. ago Short term steroid use has shown in studies to change the hearts physiology. I can personally attest to the effect on the heart months after a test E cycle. My resting heart rate was significantly effected from AAS use. One cycle of 10 weeks.

## Did Zyzz Use Steroids or Was He Natural? - broscience



12 If by shredded you mean: A lot of muscles. <5% body fat. Yes, you can do it naturally, but it's rare. It also depends on whether you expand your definition to "illegal substances" like off-label ephedra use or clenbuterol.



## why did nobody find Zyzz's steroid use controversial? : r/zyzz - Reddit



However, Zyzz denied using steroids to build his body and further added that he built his body based on his immense hard work. Zyzz's death left everyone shocked and fans came in huge numbers.

- <https://groups.google.com/g/noyuqzij/c/LVXkWHbApFM>
- <https://colab.research.google.com/drive/197YRkc8eeuLDUsPDNEqH1iLkxNWwJUzQ>
- <https://www.docdroid.com/WIQMsAk/naposim-tabletta-rendeles-pdf>