

The ECA stack is a drug combination used in weight loss and as a stimulant. ECA is an initialism for ephedrine, caffeine, and aspirin, with variants of it including the EC stack, which removes the aspirin for those who can not tolerate it.



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Drug Test for work. Will Ephedra show up? - Sherdog Forums



ECA ECA stands for Ephedrine, Caffeine and Aspirin; these compounds were found to be synergistic for fat loss, and isolating ephedrine from the Ephedra sinicus plant and putting it into ECA appears to be quite an effective method of fat loss and neural stimulation. Examine Database Refer and Earn ECA is most often used for Researched by :

ECA Stack: Safety, Results, and More - Healthline



What Is ECA Stack? How ECA Stack Works Ephedrine Caffeine Aspirin ECA Stack Results: Benefits of Using ECA Stack 1. It Burns Fat 2. Faster Metabolism 3. More Energy 4. Strength Gains 5. It Preserves Lean Muscle Mass 6. Easier to Stick to a Diet ECA Stack: Legal Status What Are the ECA Stack Side Effects?

Great EC stack results. : r/bodybuilding - Reddit



The ECA stack is a drug combination used in weight loss and as a stimulant. ECA is an initialism for ephedrine, caffeine, and aspirin, with variants of it including the EC stack, which removes the aspirin for those who can not tolerate it.

Drug test and ECA Stack | EliteFitness Bodybuilding Forums



The ECA stack is a popular drug combination, which is used as an energy booster and for weight loss. ECA is an acronym for ephedrine, caffeine and aspirin. Ephedrine is the main ingredient in the stack for both fat burning and energy enhancing. Although it's very effective on its own, combining it with caffeine makes it even more so.

ECA stack and drug testing - forums. steroid



ECA stack and drug testing Guys, I have mandatory drug testing tomorrow for my employer. I dont use recreational drugs but I am currently running an ECA stack. Will the Ephedrine show up as an amphetamine or a false positive? I am taking Vasopro Ephedrine HCL. Any help??? 09-12-2004, 08:06 PM #2. promiscio. Member

ECA stack - Wikipedia



You're already using the ECA stack, it'll help shed fat in itself. If you need DNP + ECA to lose fat then you're doing something wrong. Adding ECA to DNP will significantly increase you're resting pulse and dramatically increase the chance of arrhythmias (both benign such as sinus tachycardia and dangerous such as vtach) 1 Like

ECA Stacking | EliteFitness Bodybuilding Forums



Drug test and ECA Stack. Thread starter Dryloch; Start date Mar 11, 2002; D. Dryloch New member.
Mar 11, 2002 #1 I am going to be getting a new and better job soon but I am going to have to take a drug test most likely. I have been using Adipokinetix and Xenadrine. Is there any chance I will get a false positive off that?

ECA Stack: Benefits, Side Effects, Alternatives. - BoxLife



EC Stack - Urine Drug Test. Thread starter ndnguy85; Start date Jul 29, 2013; ndnguy85 Member.
Awards 0. Jul 29, 2013 #1 I have been off and on with the EC stack. I took 1 dose on 7/24 (5 days ago) and 1 dose on 7/26 (3 days ago). . I took a ECA 1 day before a random drug test for work. I passed, but I was very nervous. ndnguy85 Member .

What are 'Stackers' and Will They Help Us Lose Weight? - EmpowHER

20 FOODS THAT CAN HELP YOU LOSE WEIGHT FAST!

There is no longer a long road to walk before getting the body and weight you want. Thanks to scientific research, losing weight is easier than ever!



Stackers, also known as the ECA stack, are a drug combination that is used as both a stimulant and a

way for people to lose weight. The "ECA" portion stands for ephedrine, caffeine, and aspirin, and since the three drugs are taken at once, or "stacked" together, they have earned the nickname of stackers.

Planning a DNP Cycle with ECA Stacker - Pharma / TRT - T NATION

Week	Testosterone-E	Aromasin	Winstrol	Nolvadex	Clomid	DNP
1	500mg					250mg ED
2	500mg					500mg ED
3	500mg	12.5mg ED				
4	500mg	12.5mg ED				
5	500mg	12.5mg ED				
6	500mg	12.5mg ED				
7	500mg	12.5mg ED				
8	500mg	12.5mg ED				
9	500mg	12.5mg ED	50mg ED			
10	500mg	12.5mg ED	50mg ED			
11	500mg	12.5mg ED	50mg ED			
12	500mg	12.5mg ED	50mg ED			
13		12.5mg ED	50mg ED			
14		12.5mg ED	50mg ED			
15		12.5mg ED		20mg ED	100mg ED	
16		12.5mg ED		20mg ED	100mg ED	
17		6.25mg ED		10mg ED	50mg ED	
18		6.25mg ED		10mg ED	50mg ED	

eca stack composition and dosages HELP hi everyone!! I will start my eca stack soon, i have few questions for you I'm 192cm (6,3ft) and 85kg (187,393lbs) what are the recommended dosages for my wheight? which of those 2 composition is better?? Ephedrine 30mg Caffeine 250mg Aspirine 150mg 2) Ephedrine 50mg Caffeine 250mg Aspirine 150mg DMAA 50mg

Mastering the ECA Stack Dosage: A Comprehensive Guide

How to Plan a Proper ECA Stack Dosage
Choose from Any of Options Below

ECA STACK DOSAGE OPTIONS

- 3 TIMES PER DAY**
12.5 MG EPHEDRINE
100 MG CAFFEINE
330 MG ASPIRIN
- 2 TIMES PER DAY**
12.5 MG EPHEDRINE
100 MG CAFFEINE
330 MG ASPIRIN
- 3 TIMES PER DAY**
25 MG EPHEDRINE
200 MG CAFFEINE
330 MG ASPIRIN
- 2 TIMES PER DAY**
25 MG EPHEDRINE
200 MG CAFFEINE
330 MG ASPIRIN

Cycling Methods:

1. One Day On, One Day Off
2. One Week On, One Week Off
3. Two Days On, Two Days Off

Drug test and ECA stack. Thread starter Dryloch; Start date Mar 11, 2002; D. Dryloch New member. Mar 11, 2002 #1 I am going to be getting a new and better job soon. I am most likely going to have to take a drug test. . The only kind of drug test where ECA will get ya in trouble is a sporting event. Work tests are fine. D. Dryloch New member.

EC Stack and Drug test - Bodybuilding Forums



4 min read · Oct 30 -- The ECA stack, short for ephedrine, caffeine, and aspirin stack, has gained popularity in the fitness and weight loss community for its potential to boost energy,.

ECA stack - Wikiwand



An ECA stack is a component found in thermogenic weight loss pills, composed of ephedrine, caffeine and aspirin working to speed up the metabolism and thus cause food energy to burn faster. from Health & Drugs: Disease, Prescription & Medication by Nicolae Sfetcu Nicolae Sfetcu, 2014

ECA benefits, dosage, and side effects - Examine

TABLE 1.
Features of Pharmacology-Related Versus Idiosyncratic Effects of Common Psychotropic Medications

Feature	Pharmacology-Related Effects (Type A)	Idiosyncratic Effects (Type B)
Underlying mechanism	Consequence of the pharmacologic action of the individual medicine	The result of an abnormal interaction between the medicine in the person, usually mediated by cytotoxic or immunologic effects triggered by the medicine or medicine metabolites
Predictability	Usually predictable	Predominantly unpredictable, although risk factors may be known (eg, a previous history of similar reaction with other medicines in the same class)
Frequency and relationship with dose or dosing strategy	Common to relatively common incidents; severity of the reaction typically increases in a dose-dependent fashion or plasma concentration of the medicine	Uncommon; some effects may be related to dose or titration rate
Time course	More common at the onset of treatment or after a dose increase; usually reversible after dose reduction. Some chronic effects (eg, weight gain) may develop insidiously and are not rapidly reversible	Most commonly observed during the first few weeks of therapy
Severity	Can interfere significantly with quality of life but are generally not life-threatening	May range from annoying side effects to life-threatening reactions
Action required	Usually managed by dosing adjustment	Discontinuing of the offending agent is often required
Prevention	Best carried out by choosing an agent whose adverse effect profile is predicted to be the most favorable for the individual patient	Avoid or use cautiously with specific lesions in high-risk groups. Increase medication dose gradually
Examples across different organ systems (medicine[s] implicated)		
Cardiovascular	Small elevations of blood pressure and heart rate (stimulants)	Sudden death (possible)
CNS	Akathisia (antidepressants, antipsychotics), tremor (lithium and others)	Increased suicidality (antidepressants, anticonvulsants), irreversible neurotoxicity (lithium)
Cutaneous	Pruritus, exanthema, and urticarial reactions (many)	Stevens-Johnson syndrome (lamotrigine)
Gastrointestinal	Changes in motility leading to diarrhea/constipation (many)	Hepatotoxicity (nefazodone, other antidepressants, naltrexone, antipsychotics, anticonvulsants, and others)
Genitourinary	Urinary retention (TCAs, antipsychotics, others)	Priapism (antipsychotics, trazodone)
Hematologic	Impaired platelet aggregation (SSRIs)	Agranulocytosis (clozapine)

Abbreviations: CNS, central nervous system; SSRIs, selective serotonin reuptake inhibitors; TCAs, tricyclic antidepressants.
Adapted from Zaccaro et al.¹

6 min read | 28 Jan 2021 ECA stacks are the original pre-workout and fat burner supplement. Combining ephedrine, caffeine, and aspirin, an ECA stack cycle may help to improve workout performance and weight loss, but given its reputation of health complications, is it smart to buy ECA stacks nowadays? What's in an ECA Stack? Does it Really Work?

eca stack composition and dosages HELP : r/PEDs - Reddit

How to Plan a Proper ECA Stack Dosage

Choose from Any of Options Below

ECA STACK DOSAGE OPTIONS

- 3 TIMES PER DAY**
 - 12.5 MG EPHEDRINE
 - 100 MG CAFFEINE
 - 330 MG ASPIRIN
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 - 100 MG CAFFEINE
 - 330 MG ASPIRIN
- 3 TIMES PER DAY**
 - 25 MG EPHEDRINE
 - 200 MG CAFFEINE
 - 330 MG ASPIRIN
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 - 25 MG EPHEDRINE
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 - 330 MG ASPIRIN

Cycling Methods:

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3. Two Days On, Two Days Off

The ECA stack was first proposed in 1989 [54] and tested in 1990 [55] as nutraceuticals that interacted with each other. It was already noted at this time that xanthine compounds (of which caffeine is included) can cause the efficacy of 22mg ephedrine in increasing the metabolic rate to approximately double [13] and in animals to more .

Will EC Stacks Fail a Drug Test? | Eating Disorder Support Forum



#1 · Sep 27, 2017 I started EC Stacks two days ago (25mg ephedrine and coffee/energy drink once a day). I love it! I was trying to look up California's monthly ephedrine purchase limit and stumbled upon a forum about how ephedrine will make you test positive for amphetamines.

EC Stack - Urine Drug Test - AnabolicMinds



Usually drug tests don't test for a single drug, incidentally. They oft test for ETOH separately. Ephedrine will often show up as amphetamine. Depends on the lab, and depends on the tech.

The Results of the ECA Stack - Weight Management | NoahStrength

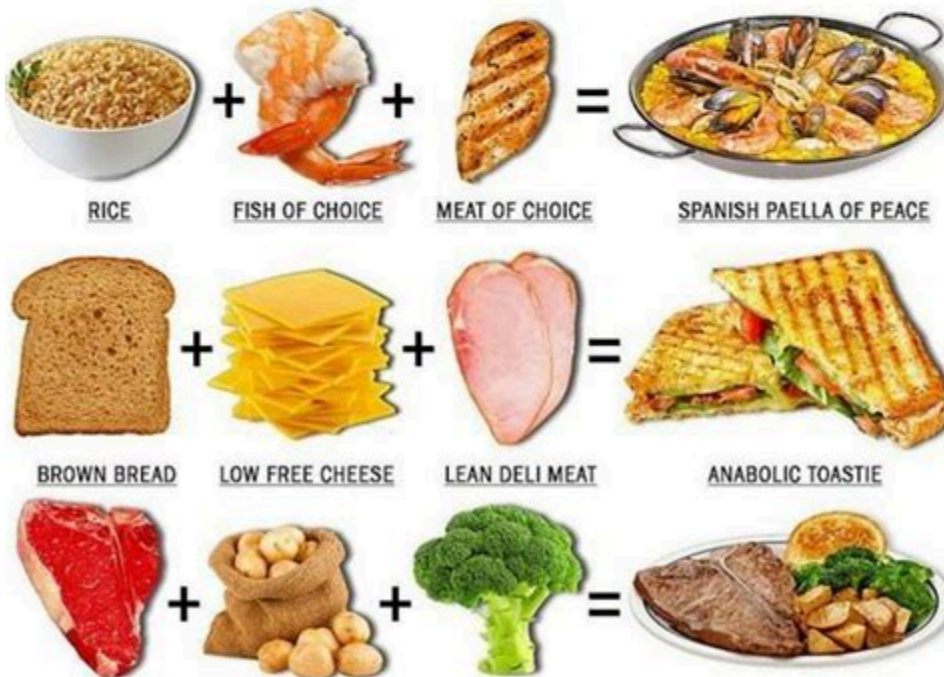


EC Stack and Drug test My older brother asked me to post this question on here since he doesnt have an account and is getting a job in a pharmacy soon that requires a drug test so, if he starts the ec stack, will the ephedrine from primatene show up on the drug test as a false positive for methamphetamines?

What Is an ECA Stack and How to Use It to Burn Fat and Build Muscle



LEAN BULK



A false positive drug testing can have a radical impact on loss of employment, withdrawn from sports competition, inappropriate medical care or even jail time. It is serious and damaging and must be

handled in a smart manner. However, it is vital for you to know that there are a False-positive drug test results have been reported in multiple .

Research Breakdown on Ephedrine - Examine

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Pharmacological Effects of Ephedrine Alkaloids on Human α_1 - and α_2 -Adrenergic Receptor Subtypes

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The National Center for Natural Products Research (G.M., R.N., B.T.S., I.A.K., D.R.F.), Department of Pharmacology (S.A.B., Y.M.D., S.G.L., D.R.F.), and Department of Pharmacognosy (I.A.K.), School of Pharmacy, University of Mississippi, University, Mississippi

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ABSTRACT

Ephedra species of plants have both beneficial and adverse effects primarily associated with the presence of ephedrine alkaloids. Few reports have appeared that examine the direct actions of ephedrine alkaloids on human subtypes of adrenergic receptors (ARs). In the present study, ephedrine alkaloids were evaluated for their binding affinities on human α_{1A} -, α_{1B} -, α_{1C} -, α_{2A} -, α_{2B} -, and α_{2C} -AR subtypes expressed in HEK and Chinese hamster ovary cells. Cell-based reporter gene assays were used to establish functional activity of ephedrine alkaloids at α_{1A} -, α_{2A} -, and α_{2C} -ARs. The data showed that ephedrine alkaloids did not activate α_1 - and α_2 -ARs and that they antagonized the agonist-mediated effects of phenylephrine and metoprolol on α_1 - and α_2 -ARs, respectively. As in the binding studies, 1*R*,2*R*- and 1*R*,2*S*-ephedrine showed greater func-

tional antagonist activity than the 1*S*,2*R*- and 1*S*,2*S*-isomers. The rank order of affinity for the isomers was 1*R*,2*R* > 1*R*,2*S* > 1*S*,2*R* > 1*S*,2*S*. The rank order of potencies of alkaloids containing a 1*R*,2*S*-configuration was norephedrine \approx ephedrine \approx *N*-methylephedrine. These studies have demonstrated that orientation of the β -hydroxyl group on the ethylamino side chain and the state of *N*-methyl substitution are important for α -AR binding and functional activity of the ephedrine alkaloids. In conclusion, the ephedrine isomers and analogs studied did not exhibit any direct agonist activity and were found to possess moderate antagonist activities on cloned human α -ARs. The blockade of presynaptic α_{2A} - and α_{2C} -ARs may have a pharmacological role in the direct actions of *Ephedra* alkaloids.

The *Ephedra* or Ma huang species of plants are widely used for their medicinal properties. The principal active constituent in the *Ephedra* species is ephedrine, which possesses two chiral centers, and can exist as four isomers designated as 1*R*,2*S*- and 1*S*,2*R*-ephedrine and 1*R*,2*R*- and 1*S*,2*S*-pseudoephedrine (Griffith and Johnson, 1995). Naturally occurring ephedrine alkaloids include mainly 1*R*,2*S*-ephedrine, 1*S*,2*S*-pseudoephedrine, 1*R*,2*S*-norephedrine, 1*R*,2*S*-*N*-methylephedrine, and 1*S*,2*S*-norpseudoephedrine. These *Ephedra*/ephedrine alkaloids have been used as nasal decongestants, bronchodilators, and CNS stimulants (Kalix, 1991; Hoffman,

2001), and *Ephedra* has also been used for the treatment of obesity (Arch et al., 1984; Liu et al., 1995). In recent years, there have been numerous reports of adverse reactions resulting from intake, especially in excessive doses, of herbal products containing extracts of *Ephedra* as weight loss aids (Josefson, 1996). Other effects such as hypertension, tremors, myocardial infarction, seizures, and stroke have resulted in fatalities (Chua and Benrimoj, 1988; White et al., 1997; Haller and Benowitz, 2000). The United States Food and Drug Administration has recently prohibited the sale of dietary supplements containing *Ephedra*. However, herbal products containing *Ephedra* remain in use in other countries.

The beneficial and adverse effects of ephedrine and related analogs are known to be mediated via the α - and β -adrenergic receptors (ARs) and can be elicited by either direct interactions with the receptors as agonists or antagonists or indirectly by either causing a release of endogenous catecholamines and/or by preventing their neuronal reuptake (Trendelenburg, 1963; Trendelenburg et al., 1963; Patil et al., 1967; Vansal and Feller,

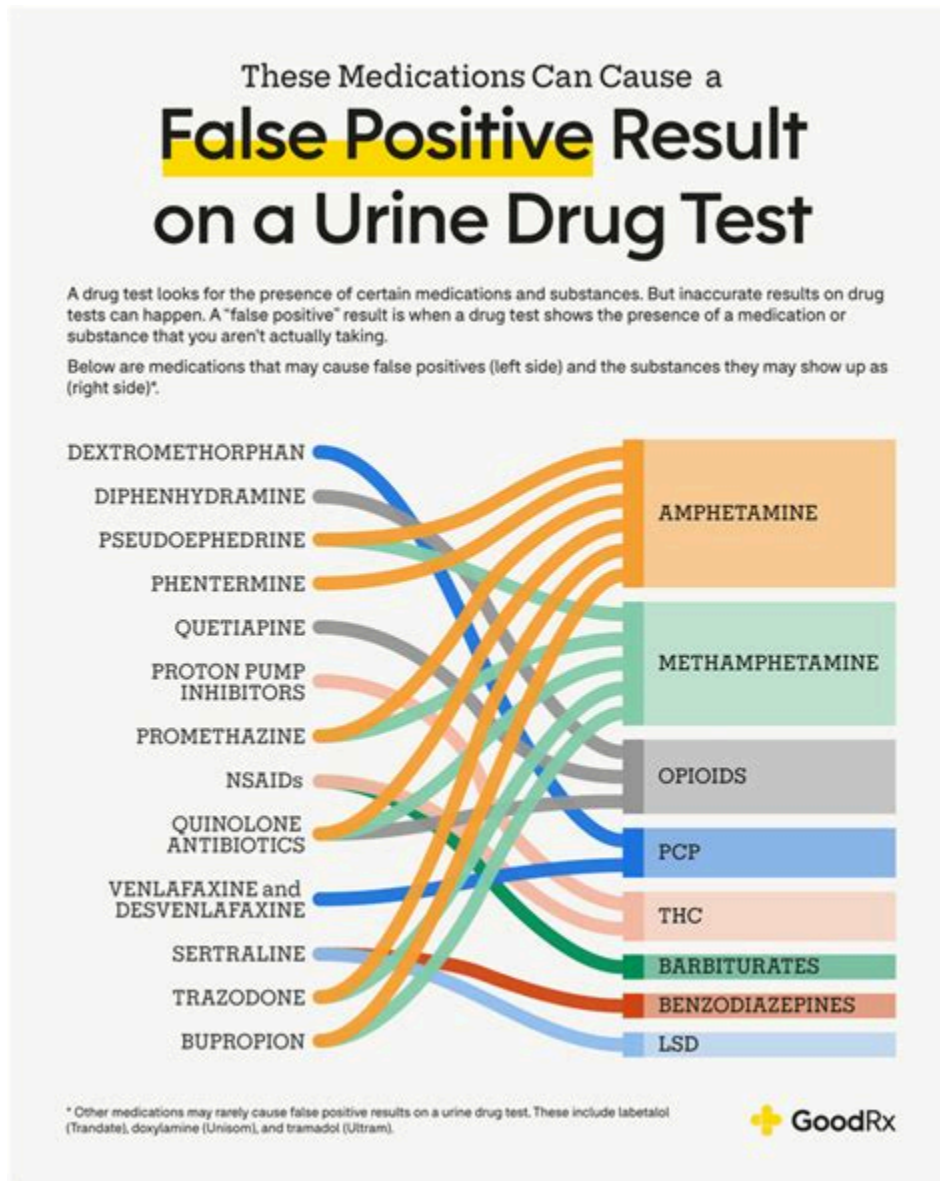
This work was supported in part by Grant R21AT00510 from the National Center for Complementary and Alternative Medicine, and its contents are solely the responsibility of the authors and do not necessarily represent the official views of the National Center for Complementary and Alternative Medicine, National Institutes of Health. This study was also supported in part by United States Department of Agriculture-Agricultural Research Service Agreement 58-6498-2-0009 and the National Heart, Lung, and Blood Institute Undergraduate Short-Term Training Grant 5T35HL07926 (to Y.D.).

Article, publication date, and citation information can be found at <http://jpet.aspetjournals.org>.
doi:10.1124/jpet.107.120708

ABBREVIATIONS: CNS, central nervous system; AR, adrenoceptor; HEK, human embryonic kidney; CHO, Chinese hamster ovary; TRE-LUC, phorbol ester-response element-luciferase gene; CRE-LUC, cAMP-response element-luciferase.

Efficacy Side effects and risks Alternatives Takeaway An ECA stack is a combination of ephedrine, caffeine, and aspirin tablets. When taken together, these ingredients are said to promote weight.

Can Clen Give a False Positive in Drug Test? What about T3, ECA .



Beware, do your research. It can also react both positively and negatively with aspirin (ECA stack). It should also be noted that US citizens cannot own or import more than 7.5 grams of ephedrine, as it can be chemically altered to produce amphetamines (meth). Ephedrine may also spike cheap drug tests.

eca and drug test - AnabolicMinds



i have a drug test coming up for a job and i have been taking a eca stack. Will i come up positive for amphetamines? Menu. Home. Forums. . eca and drug test. Thread starter Chest; Start date Nov 16, 2010; Chest Member. Awards 0.

- <https://groups.google.com/g/39beef93/c/2eCBOJxDLzc>
- <https://publiclab.org/notes/print/46307>
- <https://colab.research.google.com/drive/1qZDaRZ0b1syopizVBi0dx7yK6wdAvMal>