VisualBMI shows you what weight looks like on a human body. Browse weight loss progress pictures submitted on reddit and filter them by height and weight.


## Average weight for women: Healthy and ideal ranges - Medical News Today



What is the BMI for a $5^{\prime} 2^{\prime \prime}$ and 178 lbs male? 32. 55 BMI, Obese. What is the ideal weight for a $5^{\prime} 2^{\prime \prime}$ female? Between: 101. 1lbs and 136. 7lbs What is the ideal weight for a $5^{\prime} 2^{\prime \prime}$ male? Between: 101. 1lbs and 136. 7 lbs If I am 5 ft 2 in and weigh 178 lbs , is that a good weight for my height? Under the BMI classification, 178 lbs is classed as being Obese.

Photographic Height/Weight Chart-5' 2', 150 lbs. , BMI:28


Here are 13 images from MyBodyGallery that showcase just how different women can look at the same weight. Advertisement Both of these women weigh 200 lbs . MyBodyGallery And both of these women weigh 140 lbs . Both of these women weigh 140 lbs . MyBodyGallery Advertisement These women both weigh 105 lbs. MyBodyGallery

## My Body Gallery



This is the photographic height/weight chart! Click on any thumbnail image to load a page showing a full-size photograph. People send in their photos and I post them in the appropriate slot. The chart is arranged with lightweight people on the left, heavyweight people on the right. Short people are towards the bottom, tall people are on the top!

Photographic Height/Weight Chart - 5' 4', 170 lbs., BMI:29

| Range of Healthy Weight for Height |  |  |
| :---: | :---: | :---: |
| Height | Female | Male |
|  | $\begin{gathered} \text { Frame Size } \\ \text { Small } \cdot \text { Medium } \cdot \text { large } \end{gathered}$ | $\begin{gathered} \text { Frame Size } \\ \text { Small } \cdot \text { Medium } \cdot \text { Large } \end{gathered}$ |
| $5^{\prime} 0^{\circ}$ | $90 \cdot 100 \cdot 110$ | $95 \cdot 106 \cdot 117$ |
| $5^{\prime} 1^{\prime \prime}$ | $95 \cdot 105 \cdot 116$ | $101 \cdot 112 \cdot 123$ |
| $5^{\prime} 2^{\prime}$ | $99 \cdot 110 \cdot 121$ | $106 \cdot 118 \cdot 130$ |
| $53^{\prime \prime}$ | $104 \cdot 115 \cdot 127$ | $112 \cdot 124 \cdot 136$ |
| $54^{\circ}$ | $108 \cdot 120 \cdot 132$ | $117 \cdot 130 \cdot 143$ |
| $55^{\prime \prime}$ | $113 \cdot 125 \cdot 138$ | $122 \cdot 136 \cdot 150$ |
| $5^{\prime} 6^{\circ}$ | $117 \cdot 130 \cdot 143$ | $128 \cdot 142 \cdot 156$ |
| $5^{\prime} 7^{\prime}$ | $122 \cdot 135 \cdot 149$ | $133 \cdot 148 \cdot 163$ |
| $5^{\prime} 8^{\circ}$ | $126 \cdot 140 \cdot 154$ | $139 \cdot 154 \cdot 169$ |
| 5'9' | $131 \cdot 145 \cdot 160$ | $144 \cdot 160 \cdot 176$ |
| 5'10" | $135 \cdot 150 \cdot 165$ | $149 \cdot 166 \cdot 183$ |
| $5{ }^{\prime} 11{ }^{\prime \prime}$ | $140 \cdot 155 \cdot 171$ | $155 \cdot 172 \cdot 189$ |
| $6^{\prime} 0^{\circ}$ | $144 \cdot 160 \cdot 176$ | $160 \cdot 178 \cdot 196$ |
| $61^{\prime}$ | $149 \cdot 165 \cdot 182$ | $166 \cdot 184 \cdot 202$ |
| $6^{\prime} 2^{\circ}$ | $153 \cdot 170 \cdot 187$ | $171 \cdot 190 \cdot 209$ |
| $63^{\prime \prime}$ | $158 \cdot 175 \cdot 193$ | $176 \cdot 196 \cdot 216$ |
| $64^{\circ}$ | $162 \cdot 180 \cdot 198$ | $182 \cdot 202 \cdot 222$ |
| $65^{\prime}$ | $167 \cdot 185 \cdot 204$ | $187 \cdot 208 \cdot 229$ |

What $15-17 \%$ Body Fat Looks Like At the $15-17 \%$ body fat level, I suggest most clients continue cutting. If you are in a bulk phase and reach this point, you should consider ending your bulk and cutting soon. What $18-20 \%$ Body Fat Looks Like If you've dieted down to this point, that's fantastic. But if you wish to bulk, you should get leaner first.
$5^{\prime \prime} 2^{\prime \prime}$ and 170 Pounds - What's my BMI? Male and Female | Ideal Weight


Weight in pounds $=5 \times$ BMI $+($ BMI divided by 5$) \times($ Height in inches minus 60) Weight in kilograms $=$ $2.2 \times \mathrm{BMI}+(3.5 \times \mathrm{BMI}) \times$ (Height in meters minus 1.5) The biggest differences between the older equations and the newer equation come in the taller height range. Also, the ideal for women is the same as for men when using BMI, and the new .

## Am I Obese or Overweight? - 175 lb Weight \& 5ft 5in Height - getcalc

## BRACEABILITY <br> Body Mass Index <br> Weight in Pounds



To be within the right range for your height, your ideal weight should be between 101.2153. 1 pounds. A Obese BMI category is a warning sign. Changes in your life style need to be implemented in order to improve quality of life.

## Ideal Weight Calculator: Weight, Height, and BMI Charts - Verywell Fit

BRACEABILITY
Body Mass Index
Weight in Pounds


Name: Dak Height: 5'2" Weight: 170 lbs, though any given week can fluctuate between 165 and $175 . \mathrm{Hi}$ Rob. You re probably getting all kinds of random pictures from Yahoo!s well here s another I m too indecisive (vain?) to pick one photo so here are three different outfits. Click on All sizes to save a copy of the size you want.

## Body-Fat Percentage Pictures - Compare Your Body Fat Level



Turns out women's BMI had to shift by 5.24, and men's had to shift by 5.7 , for anyone to rate their beauty differently. To put that in human terms, this translates to about 13.9 pounds for the .

## Here's Exactly When People Will Notice That You've Lost Weight



In addition to the Visualize You app, there are a number of online simulators that can help you visualize what your body look likes after weight loss. 1. Change in Seconds. Change in Seconds is a virtual weight loss imager that uses your height, weight, body type (apple, hourglass, pear) and your goal weight. While the image is not of you, they .

Photographic Height/Weight Chart - 5' 2', 180 lbs. , BMI:33


Conversion. 5 foot $2=62$ inches. 5 foot $2=157.48 \mathrm{~cm} .177$ pounds $=12$ stone 9 pounds. 177 pounds $=$ 80.29 kg .177 pounds $=80285.85$ grams.

## BMI 5'2" 175 lbs - obese - BMI Calculator

## BRACEABILITY

## Body Mass Index

## Weight in Pounds



Lisa Ryan Both of these men weigh 195 lbs. MyBodyGallery Just like women, each man carries his weight differently, particularly when it comes to fat and muscle. Advertisement That's why, even if two men are the exact same weight, their bodies can look entirely dissimilar.

5'2" and 172 Pounds - What's my BMI? Male and Female | Ideal Weight


For a $5^{\prime} 2^{\prime \prime}$ tall person who weighs $175 \mathrm{lbs}: \mathrm{BMI}=32.01$. Note: BMI is the same for men and women. Am I Overweight? Here are the BMI standards as set by the World Heath Organization: BMI Category < 18. 5: Underweight: 18. 5-25: Healthy Weight: 25-30: Overweight > 30: Obese: In the United States, the average BMI for adults is 28.8 .

Photographic Height/Weight Chart - 5' 2", 170 lbs. , BMI:31


My Body Gallery 5'6" \& 154 Lbs Age: 25-34 Pant: 8 Shirt: M 5'4" \& 200 Lbs Age: 35-44 Pant: 16 Shirt: L 5'9" \& 293 Lbs Age: 25-34 Pant: 22 Shirt: 2X 6'0" \& 190 Lbs Age: 45-54 Pant: 16 Shirt: XL 6'1" \& 181 Lbs Age: 25-34 Pant: 14 Shirt: M 5'3" \& 123 Lbs Age: 25-34 Pant: 4 Shirt: S We need your help!

## BMI of a 5' $\mathbf{2 '}^{\prime \prime}$, $\mathbf{1 7 5}$ Pound Person - CalculateMe

## BRACEABILITY <br> Body Mass Index <br> Weight in Pounds


$5^{\prime} 2^{\prime \prime} .180$ pounds. I would like to submit my picture for inclusion in your height-weight body chart: My name is Rachel M. , I am 31 years old, 5 feet and 2 inches tall, and weigh 183 pounds. My name is Estella B. My weight is 180 and height is 5 feet 2 inches. Body Mass Index. 82 kg .

$5^{\prime} 2^{\prime \prime}$ height, 150 pounds weight. 157 cm height, 68 kg weight ( 11 stone) Hello, I love your site and wanted to submit something. I am: Height: 5'2". Weight: 151. My name's Indiana, and I'm a student at the University of Central Florida (in Orlando). I love reading, writing, crafting, and eating Cheetos (thus the lovely body).

## Height Weight Chart - Body Size Photo Gallery



Change Here. 31. 46 Obese BMI At $5{ }^{\prime} 2$ " and 172 Pounds your BMI is 31. 46 BMI Scale Under Normal Over Obese -8 lbs to reach an overweight bmi classification. Overweight BMI Ends: $164 \mathrm{lbs}-35 \mathrm{lbs}$ to reach a normal bmi classification. Normal BMI Ends: 136. 7 lbs BMI Grading Table 2 for Height 5'2" Weight Loss

VisualBMI - See what weight looks like on a human body - GitHub Pages


Average weight. Ideal weight range. Other factors. Management. FAQ. Summary. American women aged 20 years and above weigh an average of 170.8 pounds (lbs), according to the Centers for Disease .

Photographic Height/Weight Chart - 5' 2', 110 lbs. , BMI:20


Kat Heeey, I am 5'2 and 110 pounds :D My measurements now are 34-24-31 And the first picture is me in a costume ${ }^{\wedge \wedge}$ I hope it gives a good idea of my body type I dunno if they are the right size $>\ll I^{\prime} m$ $5^{\prime \prime} 2^{\prime \prime}$ and 110 . 6lbs. I hope I can help and fill that gap. ~Traci Hi Rob! I'm Cathy! I'm 110lbs, $5^{\prime} \overline{2} .5^{\prime \prime}$ but whenever people ask I always round up.

5'2" and 175 Pounds - What's my BMI? Male and Female | Ideal Weight


5'2" and 175 Pounds - What's my BMI? Male and Female | Ideal Weight Home Calculators Convert Widgets Calculators > BMI Calculator BMI Calculator Result for 5'2" and 175 lbs . Change Here. Obese BMI BMI Scale Under Normal Over Obese -11 lbs Overweight BMI Ends: -38 lbs Normal BMI Ends: Weight Weight Class Below 101. 1 lbs Underweight

How to See What You Will Look Like After Weight Loss - LIVESTRONGM

31. 09 Obese BMI At $5^{\prime} 2^{\prime \prime}$ and 170 Pounds your BMI is 31. 09 BMI Scale Under Normal Over Obese -6 lbs to reach an overweight bmi classification. Overweight BMI Ends: $164 \mathrm{lbs}-33 \mathrm{lbs}$ to reach a normal bmi classification. Normal BMI Ends: 136. 7 lbs BMI Grading Table 2 for Height 5'2" Weight Loss

5'2" and 177 Pounds - What's my BMI? Male and Female | Ideal Weight

$5^{\prime} 4^{\prime \prime}$ height, 170 pounds weight. let me know if you need anything else! And that is my wedding dress. I'll be married to Thomas McGrath on July 19th, 2008. I weigh 170 pounds. Noticed the 5'4" 170 slot was blank. Here I am with my daughter Keegan. In this picture, I was right on 170 and I am five foot four inches. I hope you're still accepting .

## How Different Women Look at Same Weight - Insider


getcalc's BMI calculator to find if a male or female of 175 lb weight \& 5 ft 5 in height is obese, extreme obese, overweight, underweight or ideal weight. According to BMI chart and their classification, BMI score of 29.12 for 175 pounds weight $\& 5 \mathrm{ft} 5 \mathrm{in}$ tall indicates that your weight is Overweight.

- https://publiclab.org/notes/print/43881
- https://groups.google.com/g/71freeweights54/c/sS7nb6699a4
- https://groups.google.com/g/60ironpumping79/c/BZ7X7NdvJ 4

