

The shape and size of his shoulder 3Ds and the apparent signs of strenuous muscular striations (mostly around his chest) make Chris Bumstead suspicious of using steroids or even their legal alternatives, which could include the addition of testosterone.



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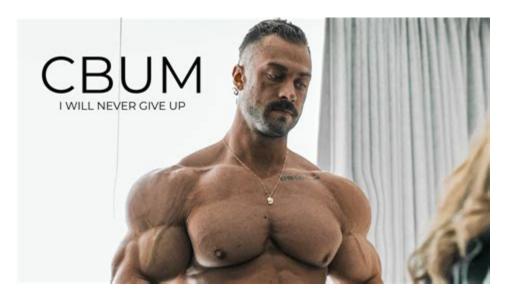
# Bodybuilder Chris Bumstead Talks About Recent Cycle: "I've Decreased .



What Supplements Does Chris Take? To work out what supplements Chris Bumstead takes, we looked

at a recent interview he did with Simply Shredded. During the interview, he gives a list of the supplements he takes, as follows: Creatine Monohydrate Glutamine Multivitamins Fish Oil Whey Vitamin B Complex Vitamin C BCAA's Vitargo R-Alpha Lipoic Acid

# Is CBum on Steroids? (Revealed) - bdpt



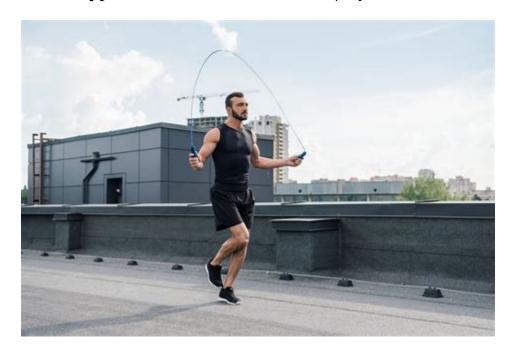
Chris Bumstead Gives Advice On Starting Steroids: 'The Answer Is Already No' During a recent Q&A session, Classic Physique Olympia champ Chris Bumstead discusses starting steroids, wanting to retire on top, and his tips for recovery Written by Derek Hall Last Updated on May 24, 2021 Ask Question? Photo via Instagram @cbum

#### Is CBum on steroids? IS CHRIS BUMSTEAD NATURAL OR ENHANCED?



Chris Bumstead is a bodybuilder from Canada. He is an IFBB pro. He was born in 1995, and now he is 26 years old. His nickname is Cbum. Fans call him that name too. He won the Men's Classic Olympia title in 2019. He is also very popular on social media. Chris Bumstead is very muscular and has a small waist.

### Chris Bumstead's Supplements: His Favorite Stack | Gym Junkies



(Revealed) Is CBum on Steroids? August 13, 2023 by BDPT Voices BDPT thrives on the trust of our discerning readers. As you navigate our deep dives into celebrity physiques, know that interactions or purchases via our links support our mission, and every article is crafted with BDPT's rigorous editorial integrity.

### Has Chris Bumstead Taken Steroids or Is He Natural? Revealed



Evolutionary Hardcore #126-Chris Bumstead Steroid Cycle In this episode your hosts Stevesmi and Da Mobster present to you the subject of today's podcast Chris Bumstead. Aka Cbum. We discuss this popular winner - how he got to be the champ. • How he became the Classic class winner in 2019 and 202.

# Chris Bumstead's SURPRISING Steroid Cycle REVEALED! - YouTube



Meeting @ChrisBumstead was an absolute honour. I took the opportunity to ask him about his use of P. E. D. 's - anabolic steroids - to see what his years of exp.

## Chris Bumstead On Whether or Not to Use Steroids - Generation Iron



Jonathan Salmon - June 26, 2023 Chris Bumstead gives advice on whether or not steroid use should be an option. When it comes to bodybuilding and seeing progress, it is certainly no secret that supplementation is a huge part of it.

# Is Chris Bumstead Natural? Or he Takes Steroids?



June 12, 2021 by James Miller Chris Bumstead is a popular pro bodybuilder who has a strong social media presence. The evidence here points out that he may be using steroids & more. Find out the legal steroid alternative which you can also use & make your physique like Cbum. And... there is more than you think (details below in this article).

## **Chris Bumstead Steroid Cycle - Evolutionary**



Chris Bumstead Stats Signs Of Steroid Use Steroids are performance enhancing drugs that are sometimes used by bodybuilders and other athletes to boost their athletic performance. Anabolic steroids are illegal in the United States and many other countries, but that hasn't stopped people from using them.

## Is Chris Bumstead Natural or use Steroids? Steroid Cycle?



Chris Bumstead Net Worth - Around \$5-6 million His well-sculpted body is the perfect sign of using anabolic steroids but what's the reality? Since the federation follows an anti-doping code, CBum never addresses that he has taken any such synthetic hormones.

### Is Chris Bumstead Natural or on Steroids (Revealed) - Total Shape



Chris Bumstead Steroid Cycle Tweet Post Views: 33,569 Chris Bumstead is considered one of the 20-something up and coming bodybuilders, who believe in the renewed golden age principles of a tight waist and core. He burst onto the scene just a couple years ago when he earned a pro card at just 21. His stats are 6 foot tall and 225 pounds lean.

#### Is Chris Bumstead On Steroids? - Testosterone



However, if you look closely his skin does have a red hue in pictures without the spray tan. Another indicator of steroid use is the size and dimensions of Bumstead's shoulder caps. They appear almost cartoonishly angular, which is a very common side effect of steroid use due to the higher concentration of androgen receptors in the deltoids.

## Chris Bumstead Shares His Supplement Stack And Shredded Shoulders.



Fermented L-citrulline presents uncompromising quality as it's made from non-animal sources while also being arguably the best nitric oxide booster since it acts as a reservoir of L-arginine in the body [1]. The GlycerSize<sup>TM</sup> glycerol in BUM pre-workout serves as the perfect counterpart to citrulline by maximizing muscle fullness.

#### I Met Chris Bumstead and Asked Him About His Steroid Use



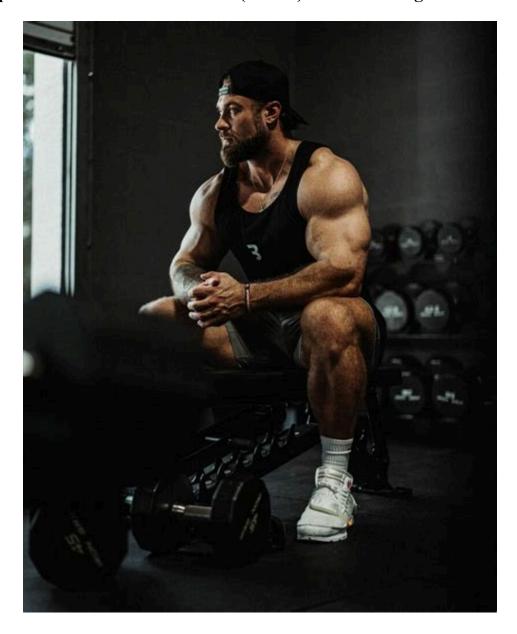
The question of whether CBum is using steroids has gained significant attention and sparked debates among fans, critics, and experts alike. While we cannot provide a definitive answer without concrete proof or an official statement, let's explore some key aspects surrounding this controversy.

### Is Chris Bumstead Natural or Taking Steroids? | CBum Natural



Chris Bumstead is not natural, and I have proof! Put an end to the steroid speculation with this definitive answer.

The Complete Profile: Chris Bumstead (CBum) - BoxLife Magazine



Bumstead is a Canadian IFBB Pro bodybuilder that competes in the Classic Physique division. He is one of the most successful active bodybuilders and has three consecutive Classic Physique Olympia wins on his resume.

### Is Chris Bumstead Natural Or On Steroids - Debunked



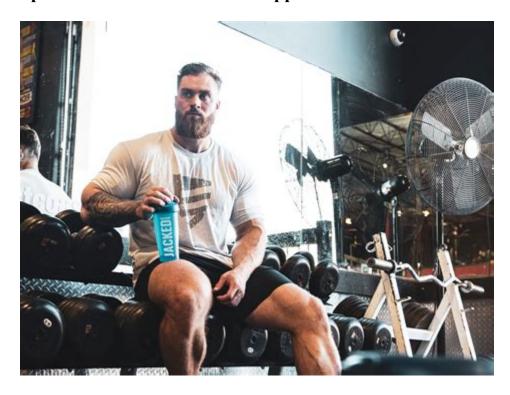
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### Chris Bumstead: Steroids Or Is He Natural? - Muscle and Brawn



Chris Bumstead's ACTUAL Steroid Cycle! (NOT Testosterone Only) Bodybuilders. Disclaimer: None of the individuals and/or companies mentioned necessarily endorse Old School Labs products or the contents of this article. Any programs provided for illustration purposes only. Always consult with your personal trainer, nutritionist and physician .

### The Full Scoop on What Chris Bumstead Supplements with Pre-Workout



A post shared by Chris Bumstead (@cbum) 1. Huge Muscle Mass and 3D Shoulders Super-defined shoulders often hint at steroid use, as natural building takes much longer. Steroids, by boosting testosterone, can quickly enlarge bodybuilder shoulders.

#### Chris Bumstead Steroids: Is He Natural Or Not? - FitGAG



Here is a video of Chris Bumstead actually talking about his cycle, what it does to his health, how it affects him, etc. Chris has also spoken on several other podcasts about the use of PEDs (performance enhancing drugs) in the world of bodybuilding. Which Steroids does Chris Bumstead use?

#### Has Chris Bumstead done Steroids or is he Natural 2024? - Deccan Herald



Specifically, CBum says he takes 200mg to 500mg of man-made testosterone per week, a steroid that affects male hormones. And he says he stops all steroids at least once a year. In the video .

## **Chris Bumstead's ACTUAL Steroid Cycle! (NOT Testosterone Only)**



Before hitting a workout, Bumstead opened up about his steroid use. The active Pro indicated that his 'supplements' have been 'very low' this year but didn't want to get into the specifics. Chris Bumstead . (@cbum) Before wrapping up the important discussion, Bumstead pleaded to other bodybuilders in the sport, "if you want to use .

# **Chris Bumstead Steroid Cycle - Evolutionary**



With this being said, it doesn't prove that Chris Bumstead is absolutely all natural but in the same time, it also doesn't prove that Chris isn't among the "lucky" ones who did used steroids but never got tested. So the question - Is Chris Bumstead Taking Steroids or all Natural is still on. The only other way and last method to .

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- https://publiclab.org/notes/print/46704
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