

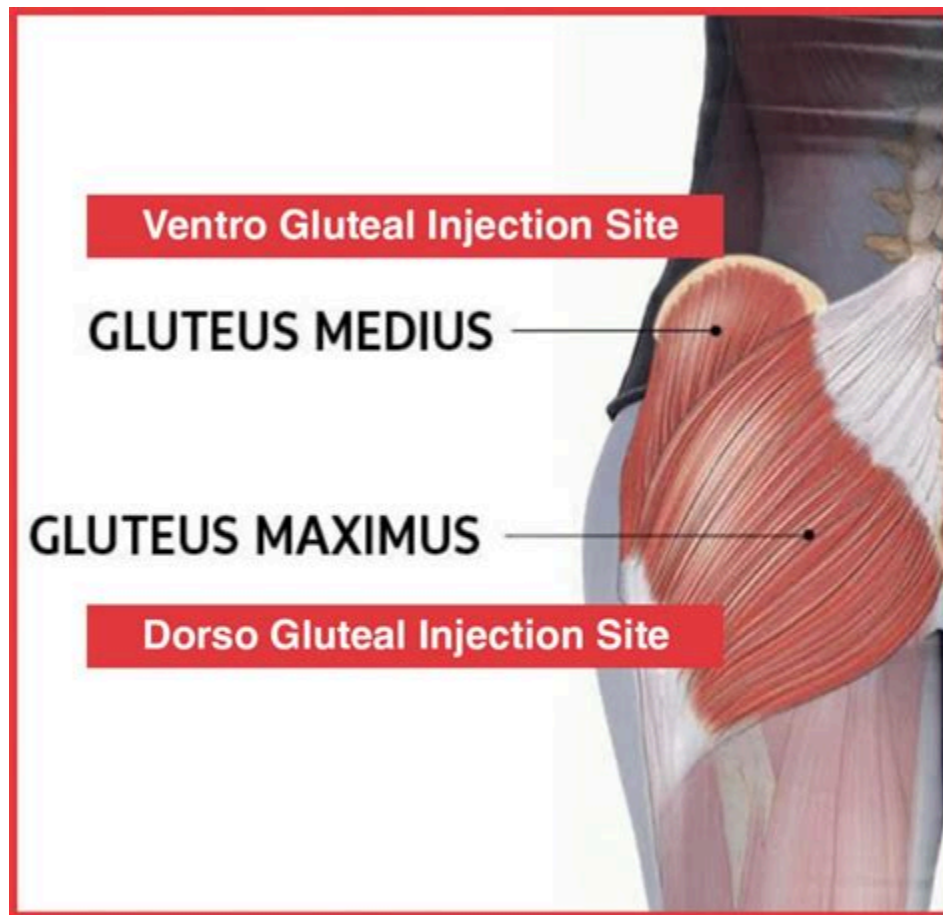


I have only ever done glute injections, they worked well for my first cycle and are pretty simple but I think the sheer volume I have had to inject is killing these somewhat "virgin" areas (plus I only had 1cc syringes for the first few days so I had to use more pins, I now have 3cc).



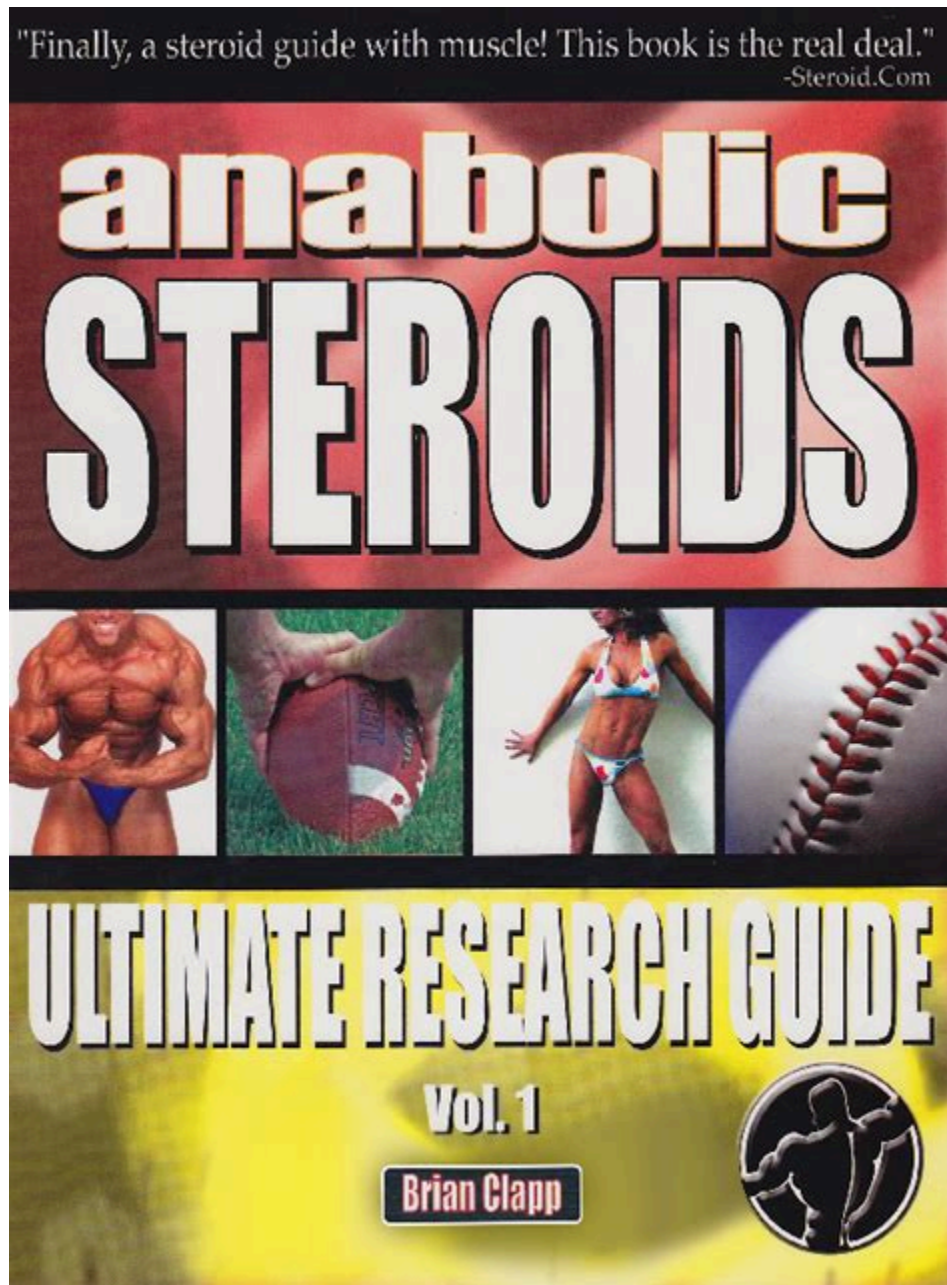
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## How To Do A Glute Injection - Full Guide And Demo - YouTube



steroid needed. Remember to use an 18-23 G with 1-1.5 inch needle to draw up the steroid into the syringe then switch the tip to an 21-25 G with 1-1.5 inch needle to inject the steroid into the muscle. Remove air bubbles by flicking the syringe barrel to move air bubbles to the top and then push the plunger to push air out through the needle.

## PDF Anabolic Steroids - Health Unit



Updated step-by-step instructions for an intramuscular injection of testosterone into the buttocks (gluteal muscle). Instructions are provided for informatio.


**My first pin, how was yours? : r/steroids - Reddit**



Subscribe Subscribed 10K Share 753K views 3 years ago In today's video I'll show you how to do a glute injection, including a demonstration of a ventrogluteal injection. We'll cover the difference.



## Pinning Tips and Techniques : r/steroids - Reddit



**BEST LEGAL STEROIDS**

**BULKING | CUTTING | STRENGTH**

[www.fitnessjockey.com](http://www.fitnessjockey.com)

Injecting intramuscularly (IM) For the most part, steroids are designed to be injected intramuscularly and there's a wide range of sites to choose from. Most can hold between 3-5cc of fluid without too much of a problem but you should rotate the muscles used so that ideally you don't inject any one area more than once in 7-10 days. The buttocks

## Trenbolone Cycle: The Ultimate Guide - Inside Bodybuilding



How To Inject Testosterone By Yourself? In this video testosterone replacement therapy (TRT) expert Danny Bossa explains AND demonstrates TRT Start to Finish.

### Steroid Injection Information



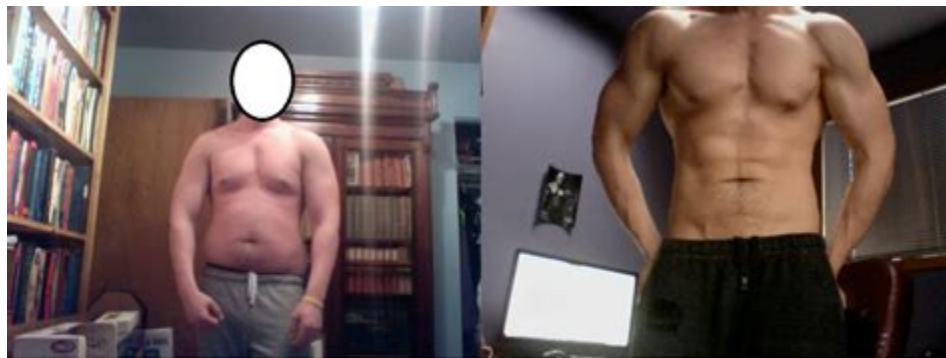
1) Use a 100% new needle to do the pin. 2) Heat the test e to thin it out, itll help the oil leave the pin location quicker. 3) Massage and Hot compress on the pin location. 4) Remember to asperate. 5) Workout even if sore from the pin. 6) Have a friend help pin. 7) Advil.

## Let's talk injection sites : r/steroids - Reddit



The modern-day bodybuilding mantra is 'eat Clen and Tren hard'. 'Clen' stands for clenbuterol, an incredibly potent fat burner used by bodybuilders to get ripped (typically before a competition). 'Tren' is short for trenbolone, one of the most powerful anabolic steroids in existence, in regards to gains and side effects.

## First pin and general advice : r/steroids - Reddit



Feb 2014 - 225lbs

Dec 2014 - 187lbs

The presence of steroids with a concentration of 250 mg / ml would be the best option. Thus, the athlete will be more able to accurately calculate the required dose in compliance with all recommendations of the cycle. . Once you stick the needle in, do not hesitate to release the steroid into the area. Push the pin in a continuous and steady .

## Safer injecting for steroid users - With You



They are used to boost muscle growth, strength, fat loss, performance, and appearance. They are also called anabolic steroids, performance-enhancing drugs, or PEDs. Anabolic steroids were first .

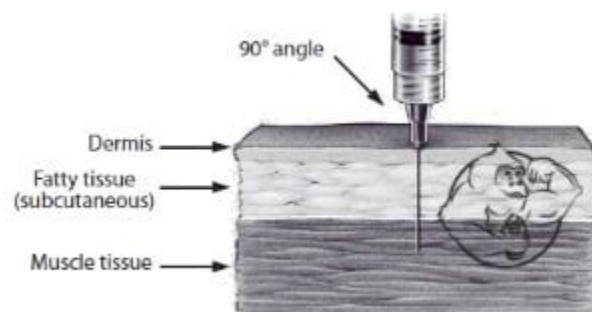


## What is proper size of the needle used for steroids? - maxlabs



This is why delts, pecs, quads, and calves are shitty places to pin. -Generally, it's easiest to pin with the whole needle(it keeps it a bit more stable) unless you have a massive harpoon you're using. -Jab with a single smooth motion. Don't wimp out. The more confidently you do it, the easier and more painless your pinning will be. -

### Proper Injection Techniques - Part 1 - Evolutionary



For the TRT folks to pin subcutaneously, the big thing I learned was that you have to INJECT SLOWLY. Especially if you use a slin pin, which creates a very powerful jet when injecting. If you inject slowly, there will be much less trauma to the tissue. Also, do not pinch a fold to inject - just jab the needle

straight in.

## Bodybuilding and Steroids: How to Use Them Safely and Effectively in 2024



Intramuscular injections are the most common type of injection to administer steroids. For IM injections, you will need a syringe with a long, thin needle. The needle should be at least 1-1.5 inches long. This type of injection is best for steroids that are dissolved in oil or water, such as Depo-Testosterone and Winstrol Depot.

### How to Inject Testosterone - Glute (butt) Injection Video . - YouTube



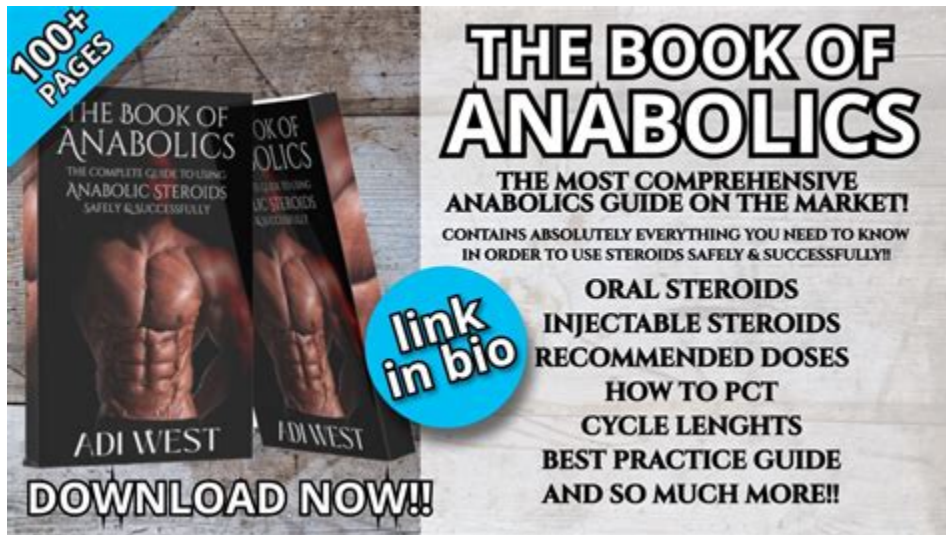
0:00 / 2:42 How to Inject Testosterone - Glute (butt) Injection Video - Intramuscular Shot - Step-by-Step TRT For Men 166 subscribers Subscribe Subscribed 515 102K views 4 years ago A SIMPLE and.

## How To Inject Testosterone By Yourself - TRT Start to Finish



Today was the day, first time pinning and I knew it would be a big step in my life. I loaded the syringe and planned on using a 25gauge 1.5inch needle for my glutes/quads. Basically bitched out thinking about my glute/quads. Told myself fuck it, took a deep breath and pinned my left delt pushing pin all the way in.

## Painless Injections of Anabolic Seroids - The Ultimate Guide



My first pin I literally sat on the floor with loaded needle for almost 90 mins. Sweating my ass off. I used at least 40-50 swabs. I sterilized my entire fucking lower body from waist down. Trying to decide where to pin. Finally said "fuck it" jammed 1.5" into my quad.



## Best site injection areas for injectable steroids



Visit DefyMedical for more information.

**How did yall get over pinning yourself the first time? : r/steroids**



Injection Techniques. IV. Aspiration: what is it and why is it important? V. Why are there so many kinds of syringes? VI. What kind of syringe should I use? Part #1: Standard syringe specifications. Part #2: Gauge numbers. Part #3: Needle length. Part #4: cc's & ml's. VII. Where do I Inject? VIII.

## How to Draw and Inject Testosterone - YouTube



(needle tip = pin) A needle tip for injecting - a 23, 25 or 27 gauge needle with a length of 1 or 1.5 inches. . The bicep is an injection site that should only be used by experienced steroid users. After all, it is a small site, so it requires a lot of precision and can be somewhat painful. For best results, inject into the middle of either .

## How to Inject Testosterone - Glute (Buttocks) Injection - YouTube



Intramuscular Injection Lateral Part of Thigh Intramuscular Injection Upper Outer Quadrant of Buttock  
Subcutaneous Injection Lower Abdominal Area Intramuscular Injection Deltoid Intravenous (IV)  
injections

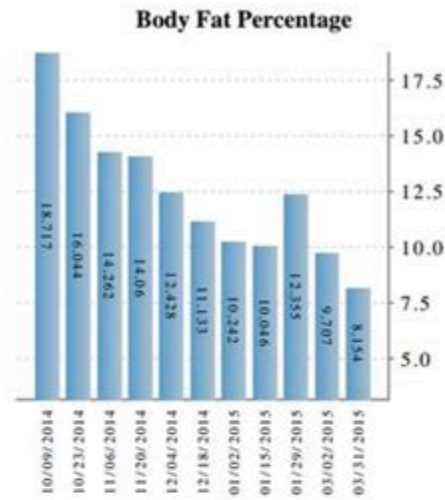


## How to properly inject Trenbolone Enanthate or other steroids

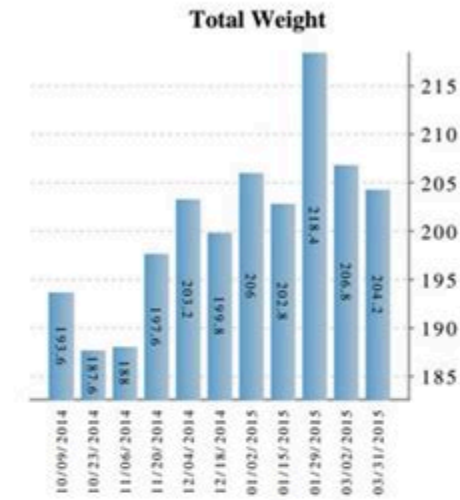


Help and advice Advice for you Safer injecting for steroid users If you're injecting steroids, these tips will help you stay safe and healthy. If you're under 21 It's important to focus on diet and training because taking steroids can affect your growth and development. Before you inject

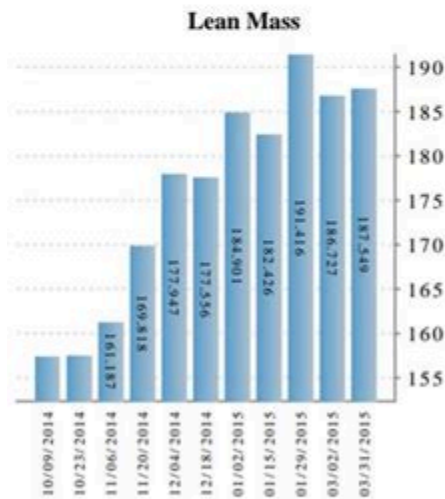
# First time pinning : r/PEDs - Reddit



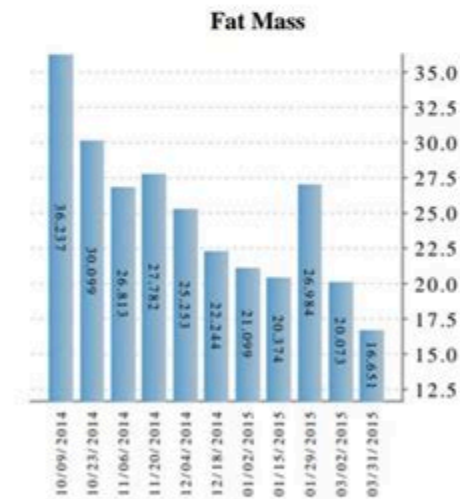
Previous Test 03/02/2015 9.71 %  
 Today's Test 03/31/2015 8.15 %  
 Change in body fat percentage -1.55 %  
 Trend: -1.61 per month



Previous Test 03/02/2015 206.8 lbs.  
 Today's Test 03/31/2015 204.2 lbs.  
 Change in total weight -2.6 lbs.  
 Trend: -0.63 lbs. per week



Previous Test 03/02/2015 186.73 lbs.  
 Today's Test 03/31/2015 187.55 lbs.  
 Change in lean mass 0.82 lbs.  
 Trend: 0.85 lbs. per month



Previous Test 03/02/2015 20.07 lbs.  
 Today's Test 03/31/2015 16.65 lbs.  
 Change in fat mass -3.42 lbs.  
 Trend: -0.83 lbs. per week

Note: For additional calculations, please see page: 6

It's pretty much the bare minimum unless you're running a super long ester. Realistically you could pin test e once every week but for more stable bloods you want more frequent pins. When I ran npp it was every other day and people that run tren a have to pin everyday. 2 pins is nothing compared to some blasts.

## Steroid Injection: The Ultimate Guide - Steroid Cycles



Whether you're a newbie, a novice, a girlie-girl like me, or a veritable veteran at the fine art of what amounts to anabolic hari-kari, there are a few tricks which can make the experience a lot less painful. In fact, self injection should be pain-less.

## Steroid Injection Guide - IronMag Bodybuilding & Fitness Blog



Step 2: Drawing Air - Before you draw your steroids into the syringe, the first step is to draw at a minimum the same amount of air into the syringe that matches the amount of oil you'll be drawing into the syringe. This is not absolutely necessary, but it will make step four a lot easier. Further, most will find drawing a little more air .

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