



Chamomile Passionflower Ashwagandha Melatonin Valerest L-Tryptophan Magnesium Gamma Amino Butyric Acid (GABA) All listed ingredients are proven to aid in the quality of sleep. That is why all ingredients are used in one of Relaxium's most popular products, Relaxium Sleep .



💊💊💊 BUY ANABOLICS ONLINE 💊💊💊

## What's in Relaxium Sleep: A Comprehensive Guide



Calms the Mind Ashwagandha, Valerest™, and Passionflower come together to calm the mind. Relaxing Sleep Starts Here Or call 800-419-2659 Order Now and Experience Nights of Refreshing Sleep! Best of all, you can expect Relaxium® to enhance overall wellness!

## More Than Melatonin: Dive into Relaxium's Sleep Solutions

RELAXIUM®

# Melatonin Gummies for Maximizing Sleep



Meditation Stories Affirmation Understanding the Importance of Sleep Sleep is not just a time when our bodies rest; it is a complex and vital process that enables us to function at our best. During sleep, our bodies repair, restore, and recharge. It is when our brains consolidate memories, process emotions, and regulate our hormones.

## Sleep aids: Understand options sold without a prescription - Mayo Clinic



Ingredients FAQ's Reviews Alternative Final Verdict What is Relaxium? Relaxium Sleep is a natural sleep aid designed to help you fall asleep quickly. It can also help you stay asleep longer without disruptions during the night. The natural ingredients claim to be safe and contain no chemical fillers.

**Try Relaxium Risk-Free Trial | A Drug-Free Sleep Aid!**



The active ingredients in Relaxium Sleep Aid are: L-Theanine: An amino acid that is found naturally in green tea, L-theanine promotes relaxation without causing drowsiness. 5-HTP: A compound that is

naturally produced in the body, 5-HTP is involved in the production of serotonin, a neurotransmitter that plays a role in regulating sleep.

## Relaxium® | The Best Sleep Aid Ingredients for Adults



Some of the key ingredients include valerian root, chamomile, passionflower, and magnesium. These ingredients work together to calm the mind, reduce anxiety, and promote a sense of relaxation, making it easier for you to fall asleep and stay asleep throughout the night. The Purpose of Relaxium

Relaxium Sleep Review: Is It Safe and Effective? - HighYa

# RELAXIUM SLEEP

*overview*



Amazon: Relaxium Sleep Aid, 30-Day Supply, Dietary Supplement for Better Sleep, Magnesium, Melatonin, Ashwagandha, GABA, Chamomile, Drug-Free, Non-Habit Forming, Made in USA (60 Vegan Capsules) : Health & Household Health & Household › Vitamins, Minerals & Supplements ›

Sleep Supplements

**OUR INGREDIENTS - Relaxium**

# RELAXIUM® SLEEP



**Valerest**  
Relaxium's proprietary clinically proven ingredient to improve sleep

## Supplement Facts

Serving Size 2 Capsules      Servings Per Container 30

	Amount per serving	%DV†
Magnesium (as Magnesium Oxide, Magnesium Citrate and Magnesium Glycinate)	100 mg	25%
L-Tryptophan	500 mg	†
Valerest® Proprietary Blend of Valerian ( <i>Valeriana officinalis</i> ) (root) extract 5:1, Hops ( <i>Humulus lupulus</i> ) (aerial part) extract 10:1	228.9 mg	†
Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) (root and leaf) extract (standardized to 8% withanolide glycoside conjugates)	125 mg	†
GABA (Gamma Amino Butyric Acid)	100 mg	†
Chamomile ( <i>Matricaria recutita</i> ) (flower)	75 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) (whole herb)	75 mg	†
Melatonin	5 mg	†

† Daily Value (DV) not established.



**Sensoril**  
Clinically proven to induce sleep by 71%



**Gaba**  
Clinically proven to improve quality and duration of sleep



**L-Tryptophan**  
Serotonin and Melatonin are naturally made from Tryptophan and promote restful sleep



**Passion Flower**  
Calming, sleep inducing, and muscle spasm relieving effects



**Melatonin**  
Induces sleep and helps to reset your sleep cycle

**Non-Habit Forming | Made in U.S.A.**

**Clinically Proven\* | Gluten Free | 100% Vegan**

[www.relaxium.com](http://www.relaxium.com)   
 Questions? (888)-353-1205   
 support@relaxium.com

Supply Vital Nutrients\* Buy Now Immune Defense 30 Day Supply Get \$20 Off Designed to Help You: Support Immune Function\* Supply Essential Antioxidants\* Help Improve Defense Against Illness\* Buy Now Or call 800-709-4541 INTRODUCING RELAXIUM® SLEEP GUMMIES

## Answering Your Frequently Asked Relaxium Questions



Sleep plays a fundamental role in maintaining physical health, cognitive function, and emotional balance. As many people face challenges with sleep, the knowledge of the ingredients used in sleep aids empowers individuals to make informed choices about their sleep-related interventions. Below are some of the different reasons for the importance .



**Relaxium Sleep Aid, 30-Day Supply, Dietary Supplement for Better Sleep .**



Ingredients in Relaxium Sleep L-tryptophan. L-tryptophan is an ingredient in Relaxium and is an essential amino acid that the body cannot produce on its own. It must be obtained through diet or through supplements. L-tryptophan plays a role in the production of serotonin, a neurotransmitter that is involved in mood, appetite, and sleep.

## What Are the Ingredients in Relaxium Sleep Aid? - CGAA



Relaxium Sleep's ingredients, and Valerest in particular, are gaining notoriety for its efficacy and quality. . Valerest as a sleep aid. When creating Relaxium Sleep, founder and Clinical Neurologist, Dr. Eric Ciliberti took into account the need for ingredients that promote meaningful relaxation and sleep. Valerest was developed to .

## Relaxium Sleep Aid Review: Don't Buy Before You Read This!



Here are some of the ingredients that are used in Relaxium Sleep Aid: Passion Flower: A flower whose above ground parts are used to make medicine. It can treat several different symptoms and has many uses, but is mostly used to treat sleep problems.

## Features of Our All Drug-Free Ingredients - RELAXIUM® Sleep

# RELAXIUM® SLEEP



**Valerest**  
Relaxium's proprietary clinically proven ingredient to improve sleep

<b>Supplement Facts</b>		
Serving Size 2 Capsules	Servings Per Container 30	
	Amount per serving	%DV†
Magnesium (as Magnesium Oxide, Magnesium Citrate and Magnesium Glycinate)	100 mg	25%
L-Tryptophan	500 mg	†
Valerest® Proprietary Blend of Valerian ( <i>Valeriana officinalis</i> ) (root) extract 5:1, Hops ( <i>Humulus lupulus</i> ) (aerial part) extract 10:1	228.9 mg	†
Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) (root and leaf) extract (standardized to 8% withanolide glycoside conjugates)	125 mg	†
GABA (Gamma Amino Butyric Acid)	100 mg	†
Chamomile ( <i>Matricaria recutita</i> ) (flower)	75 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) (whole herb)	75 mg	†
Melatonin	5 mg	†

† Daily Value (DV) not established.



**Sensoril**  
Clinically proven to induce sleep by 71%



**Gaba**  
Clinically proven to improve quality and duration of sleep



**L-Tryptophan**  
Serotonin and Melatonin are naturally made from Tryptophan and promote restful sleep



**Passion Flower**  
Calming, sleep inducing, and muscle spasm relieving effects



**Melatonin**  
Induces sleep and helps to reset your sleep cycle

**Non-Habit Forming | Made in U.S.A.**

**Clinically Proven\* | Gluten Free | 100% Vegan**

[www.relaxium.com](http://www.relaxium.com)   
 Questions? (888)-353-1205   
 support@relaxium.com

Drugs Q & A What are the ingredients in Relaxium? Dr. Oche Otorokpa PG Cert, MPH, PhD 3 minutes read Relaxium Ingredients 2 What is Relaxium? Relaxium is a sleep supplement that was developed with a blend of natural ingredients for promoting falling asleep and staying asleep.

# Relaxium Ingredients: What's in Relaxium Sleep? - Dawn Health

## RELAXIUM<sup>®</sup> SLEEP



**Valerest**  
Relaxium's proprietary clinically proven ingredient to improve sleep

### Supplement Facts

Serving Size 2 Capsules      Servings Per Container 30

	Amount per serving	%DV†
Magnesium (as Magnesium Oxide, Magnesium Citrate and Magnesium Glycinate)	100 mg	25%
L-Tryptophan	500 mg	†
Valerest <sup>®</sup> Proprietary Blend of Valerian ( <i>Valeriana officinalis</i> ) (root) extract 5:1, Hops ( <i>Humulus lupulus</i> ) (aerial part) extract 10:1	228.9 mg	†
Sensoril <sup>®</sup> Ashwagandha ( <i>Withania somnifera</i> ) (root and leaf) extract (standardized to 8% withanolide glycoside conjugates)	125 mg	†
GABA (Gamma Amino Butyric Acid)	100 mg	†
Chamomile ( <i>Matricaria recutita</i> ) (flower)	75 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) (whole herb)	75 mg	†
Melatonin	5 mg	†

† Daily Value (DV) not established.



**Sensoril**  
Clinically proven to induce sleep by 71%



**Gaba**  
Clinically proven to improve quality and duration of sleep



**L-Tryptophan**  
Serotonin and Melatonin are naturally made from Tryptophan and promote restful sleep



**Passion Flower**  
Calming, sleep inducing, and muscle spasm relieving effects



**Melatonin**  
Induces sleep and helps to reset your sleep cycle

**Non-Habit Forming | Made in U.S.A.**

**Clinically Proven\* | Gluten Free | 100% Vegan**

[www.relaxium.com](http://www.relaxium.com)   
 Questions? (888)-353-1205   
 support@relaxium.com

Natural Ingredients: Relaxium Sleep is made up of natural ingredients, lessening the risk of side effects.  
 Non-Habit Forming: It's designed to help improve sleep patterns without creating dependency. Dual Action: It not only aids in falling asleep but also aims to improve sleep quality Cons:

## Explore Clinical Studies of Relaxium Sleep Ingredients

# RELAXIUM<sup>®</sup> SLEEP



**Valerest**  
Relaxium's proprietary clinically proven ingredient to improve sleep

### Supplement Facts

Serving Size 2 Capsules      Servings Per Container 30

	Amount per serving	%DV†
Magnesium (as Magnesium Oxide, Magnesium Citrate and Magnesium Glycinate)	100 mg	25%
L-Tryptophan	500 mg	†
Valerest <sup>®</sup> Proprietary Blend of Valerian ( <i>Valeriana officinalis</i> ) (root) extract 5:1, Hops ( <i>Humulus lupulus</i> ) (aerial part) extract 10:1	228.9 mg	†
Sensoril <sup>®</sup> Ashwagandha ( <i>Withania somnifera</i> ) (root and leaf) extract (standardized to 8 % withanolide glycoside conjugates)	125 mg	†
GABA (Gamma Amino Butyric Acid)	100 mg	†
Chamomile ( <i>Matricaria recutita</i> ) (flower)	75 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) (whole herb)	75 mg	†
Melatonin	5 mg	†

† Daily Value (DV) not established.



**Sensoril**  
Clinically proven to induce sleep by 71%




**Gaba**  
Clinically proven to improve quality and duration of sleep



**L-Tryptophan**  
Serotonin and Melatonin are naturally made from Tryptophan and promote restful sleep



**Passion Flower**  
Calming, sleep inducing, and muscle spasm relieving effects



**Melatonin**  
Induces sleep and helps to reset your sleep cycle

**Non-Habit Forming | Made in U.S.A.**

**Clinically Proven\* | Gluten Free | 100% Vegan**

[www.relaxium.com](http://www.relaxium.com)   
 [Questions? \(888\)-353-1205](tel:888-353-1205)   
 [support@relaxium.com](mailto:support@relaxium.com)

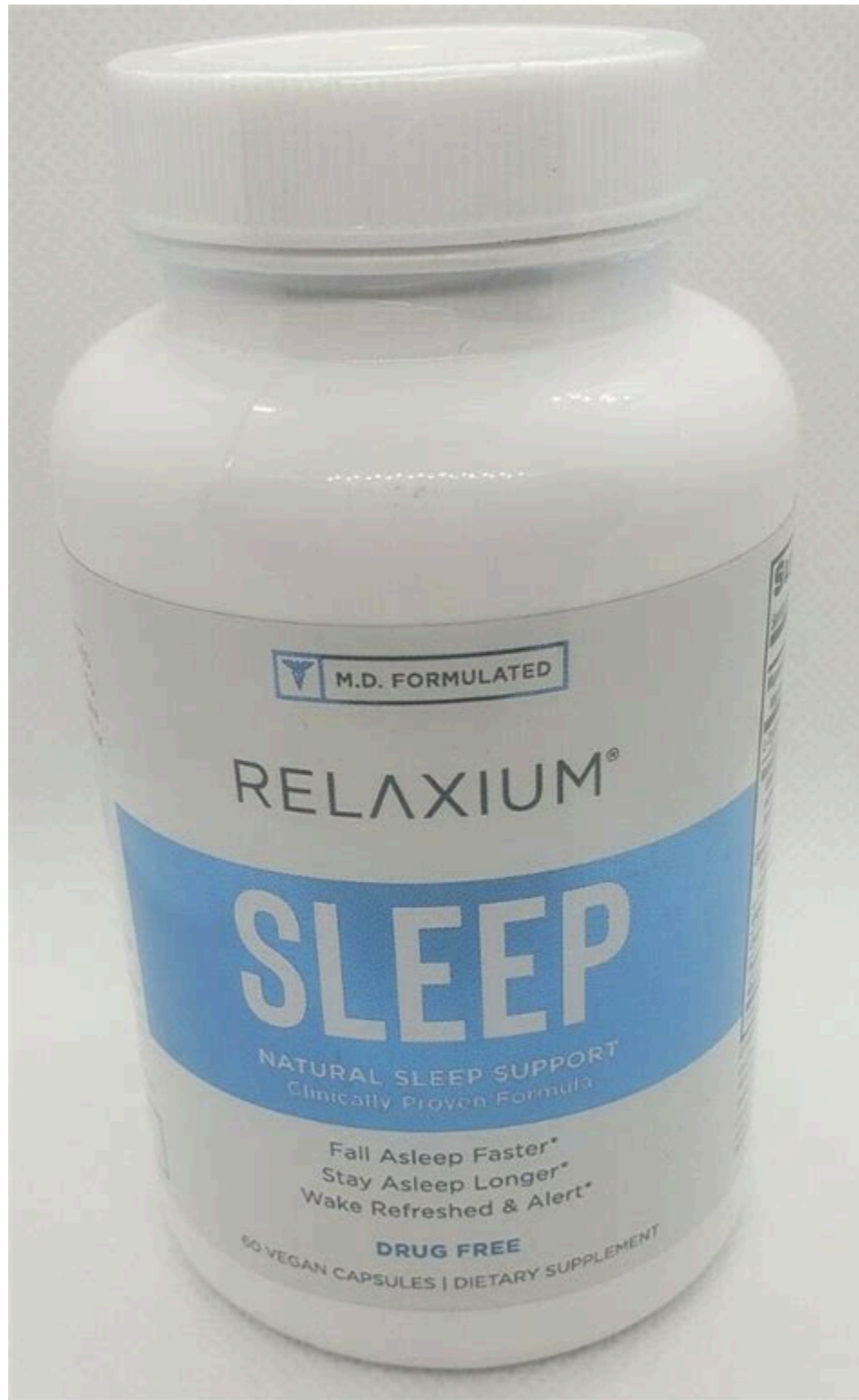
One bottle of Relaxium Sleep contains 60 capsules. It comes with a 30-day money-back guarantee that begins on the date of the delivery. The Bottom Line. Relaxium is a natural sleep aid that contains ingredients that do have support from research regarding the efficacy and overall safety.

## Relaxium® | Tested and Studied Drug-Free Sleep Supplement



Oct 7, 2023. Discover the ultimate sleep solution beyond just melatonin. Explore Relaxium's comprehensive sleep solutions for a restful night's sleep. Say goodbye to sleepless nights and embrace true relaxation. In a world filled with ceaseless distractions and demanding schedules, a peaceful night's sleep has become a precious commodity.

## Relaxium Sleep: A Natural Aid for Sound Sleep or Empty Promise?



Yes, its ingredients are clinically studied. Relaxium Sleep has been clinically studied to evaluate the effectiveness of sleep in subjects with sleep disorders. The study was designed using a double-blind, randomized, placebo-controlled parallel group in subjects with insomnia. The primary objective was to investigate the effect of Relaxium .



# What's Inside Relaxium: An Overview of Its Ingredients

## RELAXIUM® SLEEP



**Valerest**  
Relaxium's proprietary clinically proven ingredient to improve sleep

### Supplement Facts

Serving Size 2 Capsules      Servings Per Container 30

	Amount per serving	%DV†
Magnesium (as Magnesium Oxide, Magnesium Citrate and Magnesium Glycinate)	100 mg	25%
L-Tryptophan	500 mg	†
Valerest® Proprietary Blend of Valerian ( <i>Valeriana officinalis</i> ) (root) extract 5:1, Hops ( <i>Humulus lupulus</i> ) (aerial part) extract 10:1	228.9 mg	†
Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) (root and leaf) extract (standardized to 8% withanolide glycoside conjugates)	125 mg	†
GABA (Gamma Amino Butyric Acid)	100 mg	†
Chamomile ( <i>Matricaria recutita</i> ) (flower)	75 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) (whole herb)	75 mg	†
Melatonin	5 mg	†

† Daily Value (DV) not established.



**Sensoril**  
Clinically proven to induce sleep by 71%



**Gaba**  
Clinically proven to improve quality and duration of sleep



**L-Tryptophan**  
Serotonin and Melatonin are naturally made from Tryptophan and promote restful sleep



**Passion Flower**  
Calming, sleep inducing, and muscle spasm relieving effects



**Melatonin**  
Induces sleep and helps to reset your sleep cycle

**Non-Habit Forming | Made in U.S.A.**

**Clinically Proven\* | Gluten Free | 100% Vegan**

[www.relaxium.com](http://www.relaxium.com)   
 Questions? (888)-353-1205   
 support@relaxium.com

Relaxium for Sleep is a sleeping pill containing a triple-action formula designed to address three key factors that cause insomnia. According to the bottle's label, users: Fall asleep 140% faster. Sleep 286% longer without interruption. Wake feeling 69% more refreshed. Experience 80% better concentration.

## Relaxium® | Exploring Valerest: Understanding Sleep Ingredients



Relaxium Sleep stands out from other sleep aids due to its comprehensive approach to addressing the various factors that contribute to sleep disturbances. Its unique blend of drug-free ingredients, backed by research, sets it apart as a safe and effective option for those seeking a non-habit forming solution to their sleep concerns.

### Relaxium Sleep Reviews | Is It Safe and Effective? - Consumer Health Digest

Claim your **30-Day Risk Free Trial** and Start **Sleeping Better** the Very First Night!



#### RELAXIUM® Sleep

Risk Free Trial Bottle

**LIMITED TIME OFFER**

In stock - ships within 48 hours

[CLAIM MY RISK FREE TRIAL](#)

Doxylamine (Unisom). Doxylamine is also a sedating antihistamine. Side effects are similar to those of diphenhydramine. Melatonin. The hormone melatonin helps control your natural sleep-wake cycle.

## What are the ingredients in Relaxium? - Meds Safety

# RELAXIUM® SLEEP



**Valerest**  
Relaxium's proprietary clinically proven ingredient to improve sleep

### Supplement Facts

Serving Size 2 Capsules      Servings Per Container 30

	Amount per serving	%DV†
Magnesium (as Magnesium Oxide, Magnesium Citrate and Magnesium Glycinate)	100 mg	25%
L-Tryptophan	500 mg	†
Valerest® Proprietary Blend of Valerian ( <i>Valeriana officinalis</i> ) (root) extract 5:1, Hops ( <i>Humulus lupulus</i> ) (aerial part) extract 10:1	228.9 mg	†
Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) (root and leaf) extract (standardized to 8 % withanolide glycoside conjugates)	125 mg	†
GABA (Gamma Amino Butyric Acid)	100 mg	†
Chamomile ( <i>Matricaria recutita</i> ) (flower)	75 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) (whole herb)	75 mg	†
Melatonin	5 mg	†

† Daily Value (DV) not established.



**Sensoril**  
Clinically proven to induce sleep by 71%



**Gaba**  
Clinically proven to improve quality and duration of sleep



**L-Tryptophan**  
Serotonin and Melatonin are naturally made from Tryptophan and promote restful sleep



**Passion Flower**  
Calming, sleep inducing, and muscle spasm relieving effects



**Melatonin**  
Induces sleep and helps to reset your sleep cycle

**Non-Habit Forming | Made in U.S.A.**

**Clinically Proven\* | Gluten Free | 100% Vegan**

[www.relaxium.com](http://www.relaxium.com)   
 Questions? (888)-353-1205   
 support@relaxium.com

Relaxium® Sleep is a drug-free, non-prescription, and studied sleep aid made in the USA. Try Relaxium® Sleep today to reap the benefits: falling asleep faster, staying asleep longer, and waking up refreshed from a good night's sleep. . Regulates your sleep cycle by using ONLY the highest quality and proper levels of ingredients.

## What Are The Active Ingredients In Relaxium Sleep Aid?



Using these unique ingredients, the Relaxium® Triple-Action formula addresses all three major causes of sleeplessness to help achieve ultimate results. Valerest®, my proprietary ingredient, exclusive to Relaxium®, works to induce sleep safely and naturally and is backed by a University Clinical Study. In the study, Valerest was measured .

## Answering Relaxium Sleep's Frequently Asked Questions



These components include valerian root extract (providing mild sedative effects), lemon balm extract (calming anxiety), chamomile powder (for promoting relaxation) and other essential oils like lavender to enhance relaxation as well as vitamins B2 (promoting energy production) and vitamin B6 for restorative sleep processes throughout the night. .

- [https://groups.google.com/g/73sports55/c/4bRx\\_1K-2UM](https://groups.google.com/g/73sports55/c/4bRx_1K-2UM)
- <https://peda.net/p/dudekoe/123m/deca-test-e-and-anavar-cycle-anavar-cycle-how-to-maximize-yo>
- <https://groups.google.com/g/musclemaestros/c/rwKmUje1yyw>