

Abstract. Anabolic-androgenic steroids (AASs) are a large group of molecules including endogenously produced androgens, such as testosterone, as well as synthetically manufactured derivatives. AAS use is widespread due to their ability to improve muscle growth for aesthetic purposes and athletes' performance, minimizing androgenic effects.



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#### **Anabolic Steroids: MedlinePlus**



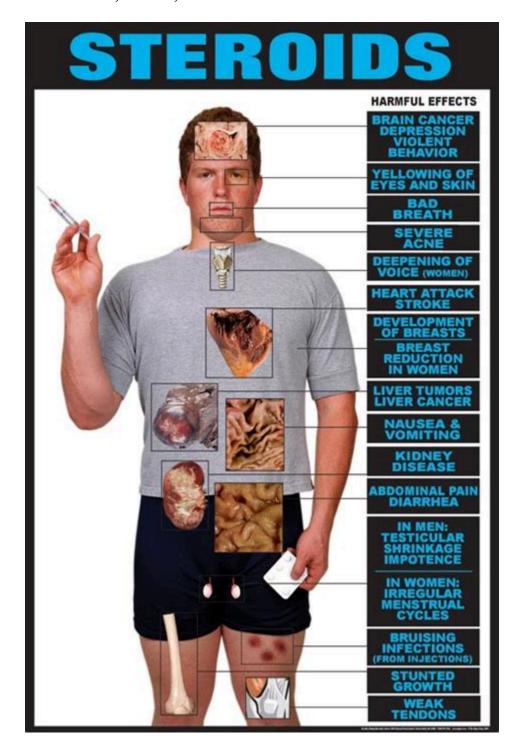
An oral steroid often stacked with Winstrol or testosterone. The general consensus among bodybuilders is that women better tolerate it than they do some other steroids. WHAT EXPERTS SAY: Originally prescribed for weight gain, recovery from burns, and osteoporosis.

#### Best Natural Legal Steroids for Muscle growth & Bulking: Anabolic .



Despite Testosterone's potent anabolic (muscle-building) effects, it can also be taken as a cutting steroid. This is due to Testosterone simultaneously burning fat due to its androgenicity, which causes adipose tissue atrophy. Androgen receptors are present in fat cells, and thus, when stimulated, lipolysis increases . Testosterone is the .

### Anabolic Steroids: Uses, Abuse, and Side Effects - WebMD



Long-term use of anabolic androgenic steroids (AAS) in supratherapeutic doses is associated with severe adverse effects, including physical, mental, and behavioral alterations. When used for recreational purposes several AAS are often combined, and in scientific studies of the physiological impact o ...

#### **Medicinal Use of Testosterone and Related Steroids Revisited**





#### Medicinal Use of Testosterone and Related Steroids Revisited

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Abstract: Testosterone derivatives and related compounds (such as anabolic-androgenic steroids-AAS) are frequently misused by athletes (both professional and amateur) wishing to promote muscle development and strength or to cover AAS misuse. Even though these agents are vastly regarded as abusive material, they have important pharmacological activities that cannot be easily replaced by other drugs and have therapeutic potential in a range of conditions (e.g., wasting syndromes severe burns, muscle and bone injuries, anemia, hereditary angioedema). Testosterone and related steroids have been in some countries treated as controlled substances, which may affect the availability of these agents for patients who need them for therapeutic reasons in a given country. Although these agents are currently regarded as rather older generation drugs and their use may lead to serious side-effects, they still have medicinal value as androgenic, anabolic, and even anti-androgenic agents. This review summarizes and revisits the medicinal use of compounds based on the structure and biological activity of testosterone, with examples of specific compounds. Additionally, some of the newer androgenic-anabolic compounds are discussed such as selective androgen receptor modulators, the efficacy/adverse-effect profiles of which have not been sufficiently established and which may pose a greater risk than conventional androgenic-anabolic agents.

Keywords: androgen receptor; antiandrogens; aging; longevity; medicinal natural products; performance-enhancing drugs; selective androgen receptor modulators; testosterone;

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Testosterone (T) derivatives and their (semi-)synthetic analogues (so-called androgenic anabolic steroids — AAS) have been controversial for already quite some time. These substances have become the subject of abuse by professional athletes, and currently also by a significant number of amateur athletes, to enhance performance (i.e., performanceenhancing drugs) and body aesthetics. However, T and many AAS have valuable and often irreplaceable pharmacological activities that are medicinally useful, though these compounds are currently regarded as rather older generation drugs.

T and related compounds primarily act as androgens, promoting the development and maintenance of male sex characteristics such as maturation of the sex organs, voice deepening, and growth of facial and body hair. They also have an anabolic activity that promotes the storage of protein and stimulates the growth of bone and muscles, and these functions are especially important from a medicinal standpoint [1]. Indeed, tremendous efforts have been put into developing agents with increased anabolic activity such as the recently discovered selective androgen receptors modulators (SARMs). However, there is still no single anabolic molecule from which the androgenic activity has been fully eliminated. T and other AAS still find their use in the treatment of a wide range of human

Molecules 2021, 26, 1032. https://doi.org/10.3390/molecules26041032

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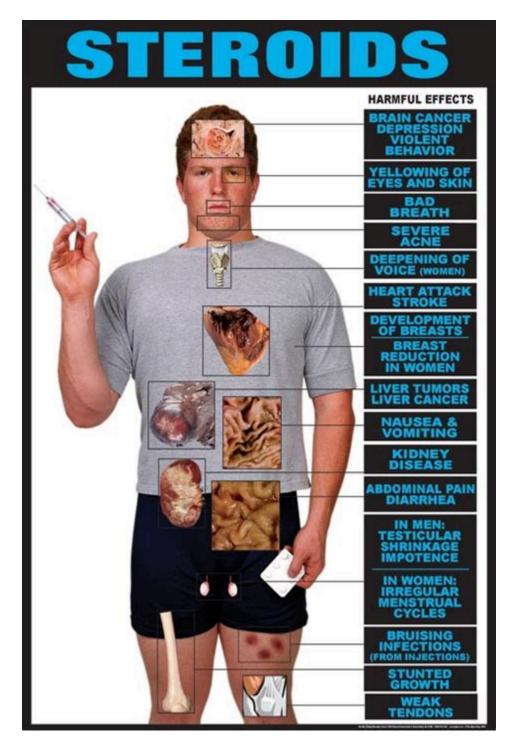
Anabolic-androgenic steroids (AAS) are a class of natural and synthetic hormones that owe their name to their chemical structure (the steroid nucleus, see Figure 1) and the biological effects (anabolic and androgenic) they induce.

# 3 Best Steroids for Beginners (Plus 3 to Avoid) - Inside Bodybuilding



Muscle Pursuit. Suma root is often called "nature's anabolic steroid" and has a proven ability to increase protein synthesis and muscle growth. The key ingredient in Suma Root is "ecdysterone," a naturally occurring steroid hormone that enhances athletic performance. Ecdysteroids are a type of steroid hormone found in many plants and animals.

### Anabolic steroids and its side effects - MSN



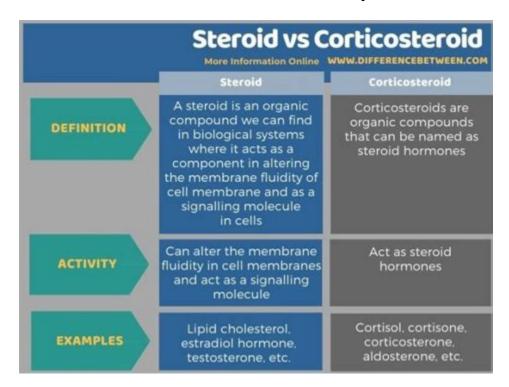
AASs are synthetic versions of the primary male hormone, testosterone. They affect many parts of the body, including the muscles, bones, hair follicles, liver, kidneys, blood, immune system,.

#### The Difference Between Testosterone Therapy and Steroids



Testosterone medications and anabolic steroids can contain similar or even identical chemical compounds. But their uses, doses, risks, and safety concerns are vastly different. While some of the ingredients may be identical, the difference between testosterone therapy and steroids is clear: TRT is a medically supervised treatment that helps men.

#### How Anabolic Steroids and Corticosteroids Differ - Verywell Health



Anabolic steroid misuse. Anabolic steroids are prescription-only medicines that are sometimes taken without medical advice to increase muscle mass and improve athletic performance. If used in this way, they can cause serious side effects and addiction. Anabolic steroids are manufactured drugs that copy the effects of the male hormone testosterone.

#### Anabolic steroid misuse - NHS



The "Testosterone & HGH" subreddit is a vibrant community dedicated to exploring the pivotal role of hormones like Testosterone and Human Growth Hormone (HGH) in health, fitness, and overall well-being. The answer is yes. Unlike synthetic anabolic steroids, deer antler velvet and IGF-1 supplements fall into the category of natural legal .

# Different Types of Anabolic Steroids (Profiles) - Inside Bodybuilding



2 1. Testosterone 2. 1 Different Esters 2. 2 Test Suspension 2. 3 Testosterone Acetate 2. 4 Testosterone Propionate 2. 5 Testosterone Cypionate & Enanthate 2. 6 Testosterone Undecanoate 2. 7 Sustanon 250 2. 8 Testosterone Cycle (For Beginners) 2. 9 Testosterone Cycle Before/After 2. 10 Second Testosterone Cycle 2. 11 Testosterone Side Effects 3 2. Anavar

#### Anabolic Androgenic Steroids in Orthopaedic Surgery: Current . - LWW

#### OPEN Review Article

#### Anabolic Androgenic Steroids in Orthopaedic Surgery: Current Concepts and Clinical Applications

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#### ABSTRACT

Despite the well-documented effects of testosterone and its synthetic derivatives-collectively termed anabolic androgenic steroids (AASs)on the musculoskeletal system, the therapeutic use of these agents has received limited investigation within the field of orthopaedic surgery. In the last 2 decades, preclinical and clinical research has started to identify promising applications of the short-term use of AASs in the perioperative period. There is evidence to suggest that AASs may improve postoperative recovery after anterior cruciate ligament reconstruction and total joint arthroplasty. In addition, AASs may augment the biological healing environment in specific clinical scenarios including muscle injury, fracture repair, and rotator cuff repair. Current literature fails to present strong evidence for or against the use of AASs in orthopaedics, but there is continuous research on this topic. The purpose of this study was to provide a comprehensive overview of the current status of AAS applications in orthopaedic surgery, with an emphasis on preclinical data, clinical studies, and future directions.

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None of the following authors or any immediate tamily member has received amything of value from or has stock or stock options held in a commercial company or institution institled directly or indexcity to the subject of this strick: Dr. Weiter, Dr. Gallo, Dr. Bolla, Dr. Geany, Dr. Schrooder, and Dr. Rock Habb.

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Copyright 2021 The Authors, Published by Wolfers Kluwer Health, Inc. on behalf of the American Academy of Orthopoedic Surgeons. This is an open access article distributed under the Creative Common afflowable. Losnes 4.0 (2031), which permits unrestricted use, distribution, and reproduction in any medium, provided the

nabolic androgenic steroids (AASs) are synthetic testosterone derivatives designed to maximize anabolic activity and minimize androgenic effects. AASs have gained considerable notoriety in the last half century, which is attributable to their illegal use in athletic competition. Despite their reputation, AASs have a number of therapeutic applications. The anabolic effects of AASs may play a significant role in the treatment of muscle wasting associated with severe burns and a wide spectrum of chronic diseases such as human immunodeficiency virus, cancer, renal failure, hepatic cirrhosis, pulmonary disease, and muscular dystrophy. AASs have also been studied in the context of prolonged immobilization after spinal cord injury, which is characterized by volumetric bone and muscle loss; preclinical studies have shown beneficial effects, and a clinical trial is underway to validate these promising findings. 11-13

The use of AASs to counteract muscle and bone loss is supported by a growing by body of evidence showing a positive effect of AASs on muscle mass, strength, and bone metabolism. 14-17 The applications of AASs related

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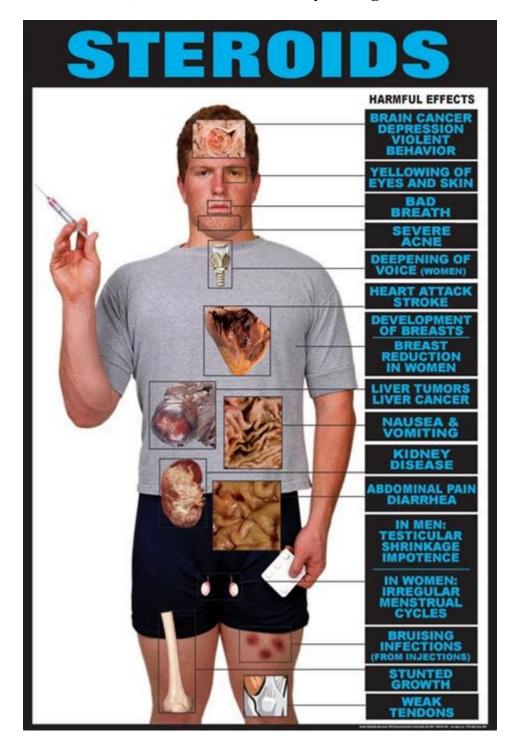
Yes and no. Scientifically speaking, a steroid is a compound made up of four fused rings of 17 carbon atoms. Corticosteroids are, by definition, steroids. However, colloquially, the term steroid often refers to anabolic steroids, which athletes and bodybuilders use to boost strength and physical performance. Corticosteroids are not the same as .

# Anabolic steroid - Wikipedia



Testosterone derivatives and related compounds (such as anabolic-androgenic steroids—AAS) are frequently misused by athletes (both professional and amateur) wishing to promote muscle development and strength or to cover AAS misuse.

# Anabolic Steroids - Abuse, Side Effects and Safety - Drugs



Anabolics: Artificial testosterone (To cut weight, gain mass and improve physical performance.) Side effects of Steroid (Anabolics) They come in many forms, including injections and pills, and are.

#### Adverse Effects of Anabolic-Androgenic Steroids: A Literature Review





Review

# Adverse Effects of Anabolic-Androgenic Steroids: A Literature Review

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- # These authors share last authorship.

Abstract: Anabolic-androgenic steroids (AASs) are a large group of molecules including endogenously produced androgens, such as testosterone, as well as synthetically manufactured derivatives. AAS use is widespread due to their ability to improve muscle growth for aesthetic purposes and athletes' performance, minimizing androgenic effects. AAS use is very popular and 1-3% of US inhabitants have been estimated to be AAS users. However, AASs have side effects, involving all organs, tissues and body functions, especially long-term toxicity involving the cardiovascular system and the reproductive system, thereby, their abuse is considered a public health issue. The aim of the proposed review is to highlight the most recent evidence regarding the mechanisms of action of AASs and their unwanted effects on organs and lifestyle, as well as suggesting that AAS misuse and abuse lead to adverse effects in all body tissues and organs. Oxidative stress, apoptosis, and protein synthesis alteration are common mechanisms involved in AAS-related damage in the whole body. The cardiovascular system and the reproductive system are the most frequently involved apparatuses. Epidemiology as well as the molecular and pathological mechanisms involved in the neuropsychiatric side-effects of AAS abuse are still unclear, further research is needed in this field. In addition, diagnostically reliable tests for AAS abuse should be standardized. In this regard, to prevent the use of AASs, public health measures in all settings are crucial. These measures consist of improved knowledge among healthcare workers, proper doping screening tests, educational interventions, and updated legislation.

Keywords: AASs; anabolic androgenic steroids; organ damage; toxicity; injury; chronic administration



Challens Albaro, G.D.; Antico, E.; Codimero, G.; Liberio, A.; Megliens, E.; Esposito, M.; Roi, G.L.; El Nurno, N.; Salerno, M.; Moreana, A. Achene Ellicos of Anaholic Anthogenic Seroicla A. Litoutae Review. Halliture 2025, 9, W.; https://doi.org/10.380/ healthuse 900007

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#### 1. Introduction

Anabolic-androgenic steroids (AASs), commonly known as anabolic steroids, are a large group of molecules including endogenously produced androgens, such as testosterone, as well as synthetically manufactured derivatives [1]. Testosterone, Nandrolone Decanoate (ND), methandienone, and methenolol, are the most commonly abused androgens [2]. AAS use is widespread due to their ability to improve muscle growth for esthetic purposes and athletes' performance, minimizing androgenic effects [3]. Indeed, androgens are able to increase the size of muscle fibers as well as muscle strength, and

Healthcare 2021, 9, 97. https://doi.org/10.3390/healthcans9010097

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Anabolic steroids, also known as anabolic-androgenic steroids (AAS), are a class of drugs that are structurally related to testosterone, the main male sex hormone, and produce effects by binding to the androgen receptor.

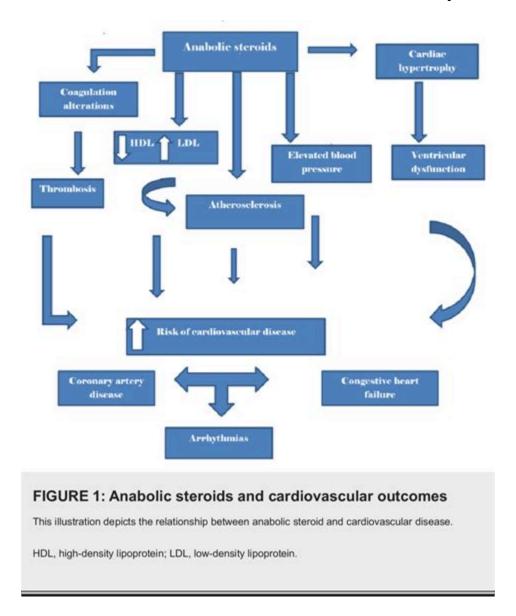
#### Anabolic Steroid Use Disorder - StatPearls - NCBI Bookshelf

# How Do Anabolic Steroids Work?

- Anabolic steroids stimulate muscle tissue to grow and "bulk up" in response to training by mimicking the effect of naturally produced testosterone on the body.
- Steroids have become popular because they may improve endurance, strength, and muscle mass
- However, research has not shown that steroids improve skill, agility, or athletic performance

Abstract. Despite the well-documented effects of testosterone and its synthetic derivatives—collectively termed anabolic androgenic steroids (AASs)—on the musculoskeletal system, the therapeutic use of these agents has received limited investigation within the field of orthopaedic surgery. In the last 2 decades, preclinical and clinical.

# **Anabolic Steroids and Cardiovascular Outcomes: The Controversy**



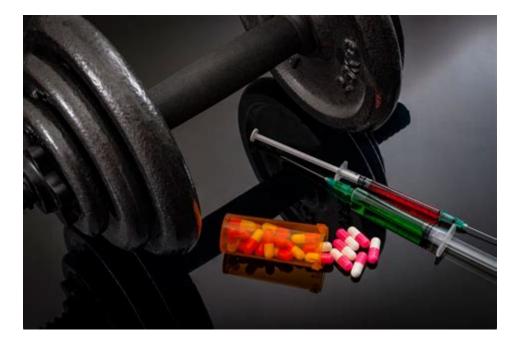
Testosterone is the primary type of androgen. Doctors prescribe anabolic steroids to promote the growth of skeletal muscle and the development of male sexual characteristics for conditions such.

#### A List of the Major Anabolic Steroids and Everything You Wanted to Know.



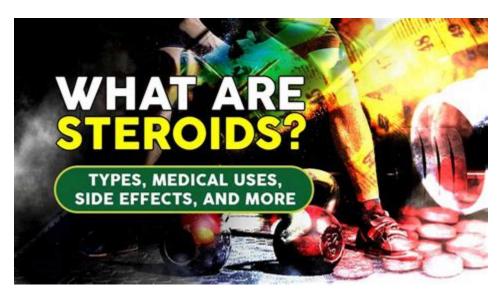
Anabolic steroids include all synthetic derivatives of testosterone, both oral and injectable. Examples of anabolic steroids include testosterone, methyltestosterone, danazol, and oxandrolone. Anabolic steroids are performance-enhancing drugs and act by increasing lean muscle protein synthesis and body weight, without increasing fat mass. 3

#### Anabolic Steroids and Other Appearance and Performance Enhancing Drugs.



Anabolic steroids are synthetic (man-made) versions of testosterone. Testosterone is the main sex hormone in men. It is needed to develop and maintain male sex characteristics, such as facial hair, deep voice, and muscle growth. Women do have some testosterone in their bodies, but in much smaller amounts. What are anabolic steroids used for?

# Anabolic steroids: Types, uses, and risks - Medical News Today



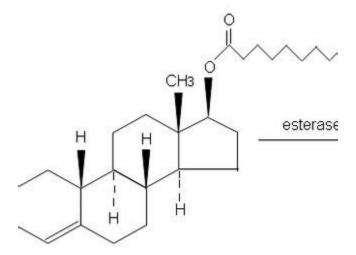
Healthcare providers mainly prescribe anabolic steroids to treat low testosterone (male hypogonadism). But they use it for other conditions as well, such as to stimulate muscle growth for people with certain cancers or acquired immunodeficiency syndrome (AIDS).

### Anabolic Steroids: What They Are, Uses, Side Effects & Risks



Abstract. Anabolic steroids (AS) are synthetic derivatives of the male sex hormone testosterone. The use of AS is not limited to bodybuilders and athletes, but non-athletes also use them. It is used to enhance athletic performance, induce muscle hypertrophy, and augment male sexual characteristics. AS use is associated with a wide range of side .

#### The decanoate esters of nandrolone, testosterone, and . - PubMed



Nandrolone decanoate

Anabolic-androgenic steroids (AAS) are steroidal androgens which include natural androgens such as male sex hormone testosterone or could be synthetic to mimic the action of the endogenous male hormone. Some people misuse anabolic steroids for various reasons.

#### Anabolic Steroids - StatPearls - NCBI Bookshelf

# How Do Anabolic Steroids Work?

- Anabolic steroids stimulate muscle tissue to grow and "bulk up" in response to training by mimicking the effect of naturally produced testosterone on the body.
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- However, research has not shown that steroids improve skill, agility, or athletic performance

Anabolic steroids (also known as androgenic steroids) are synthetic derivatives of testosterone. Legal, as well as the illegal use of anabolic steroids, is gaining popularity. There are two types of anabolic steroids: 1) 17 alpha alkyl derivatives and 2) 17 beta ester derivatives. All anabolic steroids are DEA schedule III drugs.

# I Tried 7 Of The Best Legal Steroids: Here's What Works.



Anabolic steroids are synthetic variations of the male sex hormone testosterone. The proper term for these compounds is anabolic-androgenic steroids.

• https://telegra.ph/Winstrol-Stanozolol-Para-Que-Serve-02-09

- https://drive.google.com/file/d/1k5Em6RssnnnsDX\_RaP0kV-TTMDCfTKKj/view
   https://www.colcampus.com/courses/94501/pages/primobolan-depot-100mg